

The Homestead at Anoka // Memory Care

Life Enrichment Calendar

March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
The Daily Perk 10:30 Balloon Catch with Caregiver 3:30 Trivia Time 6:30 Short Stories with Caregivers	10:00 The Daily Perk 10:10 Morning Stretches 11:30 Devotion with Chaplain Scott 3:00 Dulcimer Music with Lori Ronchk - CR 6:30 Reminiscing with Caregiver	9:30 Catholic Mass - CH 2:00 Hymn Sing 2:30 Exercise with Noodles 3:00 Name that Tune 6:30 This or That with Caregiver	10:00 The Daily Perk 10:10 Beach Ball Catch/Kick 11:00 One-on-Ones 2:00 Accordion Music with Lori 6:30 BINGO with Caregiver	10:00 The Daily Perk 10:15 Mindful Stretches 2:00 Spiritual Sing-along with Chaplain Scott 3:30 One on Ones 6:30 Rhythm & Reminisce with Caregiver	9:30 St. Stephen's Communion Mass with Priest - CH 10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle Afternoon Treat Cart 2:30 Exercise Game 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver	The Daily Perk 9:30 Eye for Detail (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
Daylight Saving Time 8	9	10	11	12	13	14
9:30 The Daily Perk 9:45 Group Exercise 10:30 Animal Trivia on the Patio with Caregiver 6:30 Short Stories with Caregiver	10:00 The Daily Perk 10:15 Morning Stretches 11:30 Devotion with Chaplain Scott Leisure Cart 3:00 Accordion Music with Lori Lachner - CR 6:30 Reminiscing with Caregiver	9:30 Catholic Mass - CH 10:00 Exercise with Lana 2:00 Hymn Sing 6:30 This or That with Caregiver	10:00 Daily Perk 10:10 Chair Yoga 3:30 Coloring with Music 6:30 BINGO with Caregiver	11:00 The Daily Perk 11:15 Mindful Stretches 2:00 Spiritual Sing-along with Chaplain Scott 3:30 One on Ones 6:30 Rhythm & Reminisce with Caregiver	10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 3:15 Exercise 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver	The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
15	16	St. Patrick's Day 17	18	19	First Day of Spring 20	21
The Daily Perk 10:30 Balloon Catch with Caregiver 3:00 Trivia Time 6:30 Short Stories with Caregiver	10:00 The Daily Perk 10:15 Group Exercise Game 11:30 Devotion with Chaplain Scott 3:00 Music with Light of the Moon Duo - CR 6:30 Reminiscing with Caregiver	9:30 Catholic Mass - CH 2:00 Hymn Sing 2:30 Music Exercises 3:00 Movie Time 6:30 This or That with Caregiver	10:00 The Daily Perk 10:10 Group Sing Along 2:00 Bean Bag Toss Exercise Game 6:30 BINGO with Caregiver	11:00 The Daily Perk 11:15 Mindful Stretches 2:00 Spiritual Sing-along with Chaplain Scott 3:30 One on Ones 6:30 Rhythm & Reminisce with Caregiver	10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle Afternoon Treat Cart 2:30 Exercise Game 3:30 Hand and Nail Care 6:30 Motion Match with Caregiver	The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
22	23	24	25	26	27	28
The Daily Perk 10:30 Animal Trivia on the Patio with Caregiver 3:00 Group Exercise 6:30 Short Stories with Caregiver	10:00 The Daily Perk 10:15 Animal Trivia Leisure Cart 11:30 Devotion with Chaplain Scott 3:00 Music with Dana and Martha - CR 6:30 Reminiscing with Caregiver	9:30 Catholic Mass - CH 2:00 Hymn Sing 2:30 Exercise with Noodles 3:00 Movie Time 6:30 This or That with Caregiver	10:00 The Daily Perk 10:10 Stretching 3:30 Coloring with Music 6:30 BINGO with Caregiver	10:00 The Daily Perk 10:15 Mindful Stretches 2:00 Spiritual Sing-along with Chaplain Scott 3:30 One on Ones 6:30 Rhythm & Reminisce with Caregiver	10:30 Prayer with Chaplain Scott 11:00 Music Therapy with Michelle 2:30 Exercise Game 6:30 Motion Match with Caregiver	The Daily Perk 9:30 Eye for Detail Game (I-Spy) with Activity Staff 10:30 Morning Stretch with Caregiver 6:30 Short Stories with Caregiver
Palm Sunday 29	30	31		CR – Assisted Living Community Room CG – Caregiver Spiritual Activities Special Events/Visitors	Calendar and activities are subject to changes. Groups may be paused due to unforeseen reasons. Please call if you have any questions. #763-528-6463	