

# The Homestead at Rochester // The Moors Memory Care

## Life Enrichment Calendar

### March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 <u>Independent Leisure</u>  6:00pm - Music with Charlie Roth (CM)	2 10:00am - Coffee and Cards 11:00am - Ball Toss 12:30pm - Storytelling 2:00pm - Ping Pong & Pool Games	3 10:30am - Exercise with Gabby 11:00pm - Icebreakers 12:30pm - Art Corner 2:30pm - Cookie Making	4 10:30am - Exercise with Gabby 10:30am - Dice Game 1:00pm - Hand Massages and Manicures 3:00pm - Bowling	5 10:00am - Coffee and Cards 11:00am - Indoor Walks 1:00pm - Table Drumming 3:00pm - Movie	6 10:30am - Exercise with Gabby 11:00am - Sing-a-Longs 1:00pm - Board Game 2:15pm - Devotions with Pastor Tim 3:00pm - Social and Snacks	7 <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies	
8 Daylight Saving Time <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies	9 10:00am - Coffee and Cards 11:00am - Ball Toss 12:30pm - Art Corner 2:00pm - Ping Pong & Pool Games	10 10:30am - Exercise with Gabby 10:30am - Icebreakers 12:30pm - Storytelling 2:30pm - Birdhouse Painting	11 10:30am - Exercise with Gabby 10:30am - Dice Game 1:00pm - Hand Massages and Manicures 3:15pm - Chapel with Pastor Floyd (MR)	12 10:00am - Coffee and Cards 11:00am - Indoor Walks 1:00pm - Balloon Baseball 3:00pm - Movie	13 10:30am - Exercise with Gabby 11:00am - Sing-a-Longs 1:30pm - Music with Harriett & Friends (CM) 2:15pm - Devotions with Pastor Tim 3:00pm - Social and Snacks	14 <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies	
15 <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies	16 10:00am - Coffee and Cards 11:00am - Ball Toss 12:30pm - Storytelling 2:00pm - Ping Pong & Pool Games	17 St. Patrick's Day 10:30am - Exercise with Gabby 10:30am - Icebreakers 12:30pm - Art Corner 3:00pm - Happy Hour (BL)	18 10:30am - Exercise with Gabby 10:30am - Resident Council Meeting (CM) 1:00pm - Hand Massages and Manicures 2:00pm - Music with Jerry K	19 10:00am - Coffee and Cards 11:00am - Indoor Walks 1:30pm - Memory Café 3:00pm - Music Therapy (MR)	20 First Day of Spring 10:30am - Exercise with Gabby 11:00am - Sing-a-Longs 2:15pm - Devotions with Pastor Tim 1:00pm - Memory Game 3:00pm - Social and Snacks	21 <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies	
22 <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies	23 10:00am - Coffee and Cards 11:00am - Ball Toss 12:30pm - Art Corner 2:00pm - Ping Pong & Pool Games	24 10:30am - Exercise with Gabby 10:30am - Icebreakers 12:30pm - Storytelling 2:30pm - Seed Planting	25 10:30am - Exercise with Gabby 10:30am - Dice Game 1:00pm - Hand Massages and Manicures 3:15pm - Chapel with Pastor Floyd (MR) 6:00pm - Music with Nini Salem (CM)	26 10:00am - Coffee and Cards 11:00am - Indoor Walks 1:00pm - Bowling 3:00pm - Movie	27 10:30am - Exercise with Gabby 11:00am - Sing-a-Longs 1:00pm - Sensory Activity 2:15pm - Devotions with Pastor Tim 3:00pm - Social and Snacks	28 <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies	
29 Palm Sunday <u>Independent Leisure</u> Puzzles Word Games Coloring Sheets Board Games Movies	30 10:00am - Coffee and Cards 11:00am - Ball Toss 1:00pm - Music with Michael Nelson (CM) 3:00pm - Ping Pong & Pool Games	31 10:30am - Exercise with Gabby 10:30am - Icebreakers 12:30pm - Art Corner 2:30pm - Trail Mix Making 5:30pm - Music with Farmers Market Ramblers (CM)	<b>CM</b> - Community Room (Basement) <b>BL</b> - Bistro/Lobby <b>MR</b> - Meditation Room (2 <sup>nd</sup> Fl)	 The Homestead at Rochester 			

Calendar Subject to Changes