

Welcome to Anoka Rehabilitation & Living Center

Our welcoming community offers all the extras to make residents and families feel right at home. From well-appointed suites to robust life enrichment programs, our array of amenities enhances each person's daily, individualized care.

- Private suites available
- Bathroom with elevated toilet, roll-in shower and grab bars
- Three delicious meals served daily, and snacks
- Registered dietitian-approved menu selections
- 24 hours/day licensed nursing staff
- Housekeeping and personal laundry services
- Concierge
- Life enrichment and educational programs
- Priority access to other living and care options at The Homestead at Anoka based on availability

Room Details:



Private room:

- Individual bedroom, kitchenette and bathroom inside room
- \$15 room fee/day

Semi-private room:

- Individual bedroom
- Shared bathroom and kitchenette with same gender
- No added room fee

Our campus offers:
Independent Living | Assisted Living
Memory Care | Short-term
Rehabilitation | Outpatient Therapy
Long-term Care / Skilled Nursing

Anoka Campus



Our Anoka campus is conveniently located in the northern suburbs of the Twin Cities. We are nestled in a beautiful neighborhood area with easy access to Hwy 169 and Hwy 10.

Who is VOANS?

Volunteers of America National Services (VOANS), a subsidiary of Volunteers of America, provides affordable housing and healthcare services in over 40 states and in Puerto Rico. The organization employs over 2,000 dedicated staff who provide high quality services and care to our clients. As one of the largest non-profit affordable housing owners/ operators in the nation, the VOANS portfolio includes over 240 properties and 15,000 affordable housing units. VOANS also operates senior healthcare programs, including independent living, assisted living, memory care, home health care, short-term rehabilitation, and long-term care and Programs for all Inclusive Care for the Elderly (PACE).

**3000 4th Avenue
Anoka, MN 55303**

Admissions:

Phone: 763.528.6400

Fax: 763.528.6479

Anokacare.org



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Anoka Rehabilitation and Living Center

Volunteers
of America | NATIONAL
SERVICES



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Short-term Rehabilitation
Outpatient Therapy
Long-term Care/
Skilled Nursing**

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AnokaCare.org

ANOKA REHABILITATION & LIVING CENTER



Short-Term Rehabilitation

We know that one of your most important goals after an illness, injury or hospitalization is a successful recovery that allows you to safely return home as quickly as possible. Individualized plans and highly trained staff provide optimal care that helps you regain targeted levels of strength, mobility, independence and wellness. Our state-of-the-art rehabilitation center offers a wide range of short-term rehabilitation therapies including:

- Physical and occupational therapies, speech and language pathology
- Post-operative care
- Post-cardiac surgery rehabilitation
- Joint replacement therapy and total hip/total knee replacement programs
- Lymphedema therapy
- Cognitive and communication therapies
- Lee Silverman Voice Treatment (LSVT BIG® and LOUD®) for individuals with Parkinson's Disease
- Continence reduction therapy
- Innovative technology: urgent call system, electronic pharmacy coordination and electronic health record
- Neurological rehabilitation
- Geriatric rehabilitation
- Orthopedic rehab



About Our Care Center

- 60 beds Short-term Rehab
- 60 beds Long-term Care
- Wander guards/secure unit if needed
- Utilizing the EPIC referral platform

Therapy Information

Call: 763-528-6434

- 5-6 days/week (OT, PT and ST)
- Generally 45 minutes for each session
- Outpatient services available on campus
- Consistent therapists



PAYMENT OPTIONS

We accept Medicare, VA benefits, medical assistance, long-term care insurance, and private pay. We also provide social services and discharge planning.

Please contact our admissions coordinator for any financial or payor source questions.



Long-term Care / Skilled Nursing

Residents at our state-licensed skilled care center receive high levels of individualized health and personal services within the comfort of an inviting healthcare communities. We have specially trained optimal care teams of licensed nurses, nursing assistants, rehabilitation therapists, and other professionals collaborating with each resident and physician to develop personalized care plans. Community skilled health care teams also help with life enrichment, educational, and spiritual activities to enhance the overall wellness of our residents.

>> Visit us at: Anokacare.org