

Anoka Rehab & Living Center

Life Enrichment Calendar

April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Bistro Open: 12:30pm-1:30pm CH = Chapel DR = Dining Room ALCR = Assisted Living AR = Activity Room next to the Dining Room Special Event/Visitors Spiritual Activity</p>	<p>Staff Leisure Rounds are completed every morning: daily perk, room order, and encourage different groups for the day.</p> <p>Heart2Heart Visits received daily by Staff.</p>		<p style="text-align: center;">Passover 1</p> <p>10:00 Mind & Move Stretch - AR 10:30 Uno Card Game - AR 2:45 Bible Trivia w/ Chaplain Scott - CH Afternoon Treat Cart Day!</p>	<p style="text-align: center;">2</p> <p>10:30 Zion Holy Communion Church with Pastor Sue - CH 2:00 BINGO! - DR 3:00 Scott's Trivia Time - DR 3:15 Leisure Cart</p>	<p style="text-align: center;">Good Friday 3</p> <p>Friday Funnies! 9:30 Rosary Group with Tonya (from St. Stephens) -CH 11:00-12:00 Physio Step Fitness - AR 2:00 Widow's Grief Group - CH 6:00 Resident Led Card Games - DR</p>	<p style="text-align: center;">4</p> <p>10:30 Hymn Sing & Daily Portals of Prayer Devotional - CH 11:00 Exercises - CH 2:00 BINGO! - DR</p>
<p style="text-align: center;">Easter 5</p> <p>10:30 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Easter Egg Hunt - CH</p>	<p style="text-align: center;">6</p> <p>10:00 In Memoriam & Devotions with Chaplain Scott - CH 10:00-12:00 Physio Step Fitness - AR 2:00 Accordion Music with Lori Lachner - DR 6:00 Resident-Led Card Games - AR</p>	<p style="text-align: center;">World Health Day 7</p> <p>10:00 Daily Portals of Prayer Devotional - CH 10:10 Mini Golf - CH 11:00-12:00 Physio Step Fitness - AR 2:00 BINGO! - DR 3:30 Paula's Leisure Cart 6:00 Coloring - Lounge Area</p>	<p style="text-align: center;">8</p> <p>10:00 Mind & Move Stretch - AR 10:30 Making Chocolate Peanut Butter Squares - AR 2:00 Drumming Class - CH Afternoon Treat Cart Day! 3:00 Resident-Led Uno Game - AR</p>	<p style="text-align: center;">9</p> <p>9:30-11:30 Larry's Art 4-All - TV Room 10:00 Bus Outing to Aldi - Sign Up at the Front Desk 2:00 BINGO! - DR 3:00 Scott's Trivia Time - DR 3:15 Leisure Cart</p>	<p style="text-align: center;">10</p> <p>Friday Funnies! 9:30 Rosary Group with Katie (from St. Stephens) - CH 10:00-12:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 6:00 Resident Led Card Games - DR</p>	<p style="text-align: center;">11</p> <p>10:30 Hymn Sing & Daily Portals of Prayer Devotional - CH 11:00 Exercises - CH 2:00 BINGO! - DR</p>
<p style="text-align: center;">12</p> <p>10:30 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Movie Matinee - CH</p>	<p style="text-align: center;">13</p> <p>10:00 Devotions w/ Chaplain Scott - CH 10:00-12:00 Physio Step Fitness - AR 2:00 Guitar Music with Gordy Miller - DR 6:00 Resident-Led Card Games - AR</p>	<p style="text-align: center;">14</p> <p>10:00 Daily Portals of Prayer Devotional - CH 10:10 Beach Ball Volleyball - CH Manicures / Calming Hands - In Room 2:00 BINGO! - DR 3:30 Paula's Leisure Cart 6:00 Jigsaw Puzzles - Lounge Area</p>	<p style="text-align: center;">15</p> <p>10:00 Flower Arranging! - AR 2:45 Bible Trivia w/ Chaplain Scott - CH 2:30 Pet Visits - In-Room Activity</p>	<p style="text-align: center;">16</p> <p>10:00 Daily Portals of Prayer Devotional - CH 10:10 Craft Group: Colorful Clowns - AR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - DR 3:15 Leisure Cart</p>	<p style="text-align: center;">17</p> <p>Friday Funnies! 9:30 Rosary Group with Katie (from St. Stephens) 10:00-12:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 6:00 Resident Led Card Games - DR</p>	<p style="text-align: center;">18</p> <p>10:30 Hymn Sing & Daily Portals of Prayer Devotional - CH 11:00 Exercises - CH 2:00 BINGO! - DR</p>
<p style="text-align: center;">19</p> <p>10:30 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia and Treats - CH</p>	<p style="text-align: center;">20</p> <p>10:00 Devotions w/ Chaplain Scott - CH 10:00-12:00 Physio Step Fitness - AR 2:00 Music w/ Golden Tones Chior - DR 6:00 Resident-Led Card Games - AR</p>	<p style="text-align: center;">21</p> <p>10:00 Daily Portals of Prayer - CH 10:10 Bowling - CH 10:45 Bus Outing to Café Zupas - Sign up at the Front Desk 2:00 BINGO! - DR 3:30 Paula's Leisure Cart 6:00 Jigsaw Puzzles - Lounge Area</p>	<p style="text-align: center;">Earth Day 22</p> <p>10:00 Mind & Move Stretch - LTC Patio 10:30 Educational Games with Ximena - AR 2:00 Food Council Meeting - CH 2:30 Resident Council Meeting - CH Afternoon Treat Cart Day!</p>	<p style="text-align: center;">23</p> <p>10:00 Daily Portals of Prayer Devotional - AR 10:10 Stretching - LTC Patio 2:00 BINGO! - DR 3:00 Scott's Trivia Time - DR 3:15 Leisure Cart</p>	<p style="text-align: center;">24</p> <p>Friday Funnies! 9:30 Rosary Group with Katie (from St. Stephens) - CH 10:00-12:00 Physio Step Fitness - AR 2:00 Prayer Group with Chaplain Scott - CH 2:45 Men's Group - CH 6:00 Resident Led Card Games - DR</p>	<p style="text-align: center;">25</p> <p>10:30 Hymn Sing & Daily Portals of Prayer Devotional - CH 11:00 Exercises - CH 2:00 BINGO! - DR</p>
<p style="text-align: center;">26</p> <p>10:30 Exercise Group - CH 11:00 Church Service with Riverdale Church Volunteers - CH 2:00 Trivia & Treats - CH</p>	<p style="text-align: center;">27</p> <p>10:00 Devotions w/ Chaplain Scott - CH 10:00-12:00 Physio Step Fitness - AR 2:00 Music with Niny Salem - DR 6:00 Resident-Led Card Games - AR</p>	<p style="text-align: center;">28</p> <p>10:00 Daily Portals of Prayer Devotional - CH 10:10 Chair Dancing - CH Manicures / Calming Hands 2:00 BINGO! - DR 3:15 Social Hour! - DR 3:30 Paula's Leisure Cart 6:00 Jigsaw Puzzles - Lounge Area</p>	<p style="text-align: center;">29</p> <p>10:00 Mind & Move Stretch - LTC Patio 10:30 Cover the Number Dice Game - AR Afternoon Treat Cart Day! 3:00 Resident-Led Uno Game - AR</p>	<p style="text-align: center;">30</p> <p>10:00 Daily Portals of Prayer Devotional - AR 10:10 Craft Group! - AR 11:00-1:00 Physio Step Fitness - AR 2:00 BINGO! - DR 3:00 Scott's Trivia Time - DR 3:15 Leisure Cart</p>	<p>Calendar is Subject to Change. The Daily Calendar reflects modifications. Groups may be paused due to unforeseen reasons. Do not hesitate to call staff for escort to groups. Please call if you have any questions. #763-528-6463</p>	

Calendar Subject to Changes