




Valley Manor Care Center // Memory Care

Life Enrichment Calendar April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p style="text-align: right; margin-right: 5px;">1</p> <p>9:30 Morning Exercise & Stretches 10:30 Easter Egg Coloring 1:00 DIY Craft 2:00 Coffee & Cookies 3:00 Bean Bag Toss</p>	<p style="text-align: right; margin-right: 5px;">2</p> <p>9:30 Morning Exercise & Stretches 10:00 Basketball 1:00 DIY Craft 3:00 Bean Bag Toss 4:00 BINGO</p>	<p style="text-align: right; margin-right: 5px;">3</p> <p>Good Friday</p> <p>9:00 Morning Exercise & Stretches 10:15 Music with Beth 11:00 Ball Toss 3:00 Easter Egg Hunt</p>	<p style="text-align: right; margin-right: 5px;">4</p> <p>9:30 Morning Exercise & Stretches 1:00 DIY Craft 2:00 Coffee & Cookies 3:00 Nails and Massage 4:00 Board Games</p>
<p style="text-align: right; margin-right: 5px;">5</p> <p>Easter</p> <p>2:30 The Meaning of Easter 3:00 Football and Floats 4:00 Movie Matinee with Popcorn 6:00 Easter Egg Coloring</p>	<p style="text-align: right; margin-right: 5px;">6</p> <p>10:00 Morning Exercise & Stretches 1:30 Snack Shack 2:30 Music with Ed and The Gang 3:15 Bowling</p>	<p style="text-align: right; margin-right: 5px;">7</p> <p>World Health Day</p> <p>9:30 Morning Exercise & Stretches 10:00 Devotion / Music 1:00 Art 2:00 Music with Paul 3:00 Snack Shack</p> <p style="text-align: center; color: blue;">*4pm Family/Resident Council*</p>	<p style="text-align: right; margin-right: 5px;">8</p> <p>9:30 Morning Exercise & Stretches 1:00 DIY Craft 2:00 Coffee & Cookies 3:00 Bean Bag Toss</p>	<p style="text-align: right; margin-right: 5px;">9</p> <p>9:30 Morning Exercise & Stretches 10:00 Basketball 1:00 DIY Craft 3:00 Bean Bag Toss 4:00 BINGO</p>	<p style="text-align: right; margin-right: 5px;">10</p> <p>9:00 Morning Exercise & Stretches 11:00 Ball Toss 1:00 Craft 3:00 Coffee & Cookies 4:00 Yoga</p>	<p style="text-align: right; margin-right: 5px;">11</p> <p>9:30 Morning Exercise & Stretches 10:30 Painting 1:00 Jewelry Making 2:00 Coffee & Cookies 3:00 Nails and Massage 4:00 Board Games</p>
<p style="text-align: right; margin-right: 5px;">12</p> <p>2:30 Balloon Ball Toss 3:30 Football and Floats 4:00 Movie Matinee with Popcorn 6:00 Chair Drumming 7:00 Nail Care and Massage</p>	<p style="text-align: right; margin-right: 5px;">13</p> <p>10:00 Morning Exercise & Stretches 1:30 Snack Shack 2:30 Music with Ed and The Gang 3:15 Bowling</p>	<p style="text-align: right; margin-right: 5px;">14</p> <p>9:00 Morning Exercise & Stretches 10:00 Devotion / Music 1:00 Art 2:00 Music with Paul 3:00 Snack Shack 4:00 Painting</p>	<p style="text-align: right; margin-right: 5px;">15</p> <p>9:30 Morning Exercise & Stretches 10:30 DIY Craft 1:00 Outside Time 2:00 Coffee & Cookies 3:00 Bean Bag Toss</p>	<p style="text-align: right; margin-right: 5px;">16</p> <p>9:30 Morning Exercise & Stretches 10:00 Basketball 1:00 DIY Craft 3:00 Bean Bag Toss 4:00 BINGO</p>	<p style="text-align: right; margin-right: 5px;">17</p> <p>9:00 Morning Exercise & Stretches 11:00 Ball Toss 1:00 Chair drumming 3:00 Coffee & Cookies 4:00 Yoga</p>	<p style="text-align: right; margin-right: 5px;">18</p> <p>9:30 Morning Exercise & Stretches 10:30 Card Games 1:00 DIY Craft 2:00 Coffee & Cookies 3:00 Nails and Massage 4:00 Board Games</p>
<p style="text-align: right; margin-right: 5px;">19</p> <p>2:30 Outside Time / Walking 3:30 Football and Floats 3:00 Movie Matinee with Popcorn 4:00 Chair Drumming 6:00 Nail Care and Massage</p>	<p style="text-align: right; margin-right: 5px;">20</p> <p>10:00 Morning Exercise & Stretches 1:30 Snack Shack 2:30 Music with Ed and The Gang 3:15 Bowling</p>	<p style="text-align: right; margin-right: 5px;">21</p> <p>9:00 Morning Exercise & Stretches 10:00 Devotion / Music 1:00 Painting 2:00 Music with Paul 3:00 Outside Time</p>	<p style="text-align: right; margin-right: 5px;">22</p> <p>Earth Day</p> <p>9:30 Morning Exercise & Stretches 10:30 Nail Care 1:00 DIY Craft 2:00 Coffee & Cookies 3:00 Bean Bag Toss</p>	<p style="text-align: right; margin-right: 5px;">23</p> <p>9:30 Morning Exercise & Stretches 10:00 Basketball 1:00 DIY Craft 3:00 Bean Bag Toss 4:00 BINGO</p>	<p style="text-align: right; margin-right: 5px;">24</p> <p>9:00 Morning Exercise & Stretches 11:00 Ball Toss 1:00 Sing along 3:00 Coffee & Cookies 4:00 Yoga</p>	<p style="text-align: right; margin-right: 5px;">25</p> <p>9:30 Morning Exercise & Stretches 10:30 DIY Craft 2:00 Coffee & Cookies 3:00 Nails and Massage 4:00 Board Games</p>
<p style="text-align: right; margin-right: 5px;">26</p> <p>2:30 Balloon Ball Toss 3:30 Football and Floats 6:00 Movie Matinee with Popcorn 7:00 Nail Group</p>	<p style="text-align: right; margin-right: 5px;">27</p> <p>10:00 Morning Exercise & Stretches 1:30 Snack Shack 2:30 Music with Ed and The Gang 3:15 Bowling</p>	<p style="text-align: right; margin-right: 5px;">28</p> <p>9:00 Morning Exercise & Stretches 10:00 Devotion / Music 1:00 Art 2:00 Music with Paul 3:00 Snack Shack</p>	<p style="text-align: right; margin-right: 5px;">29</p> <p>9:30 Morning Exercise & Stretches 10:30 Nail Care 1:00 DIY Craft 2:00 Coffee & Cookies 3:00 Bean Bag Toss</p>	<p style="text-align: right; margin-right: 5px;">30</p> <p>9:30 Morning Exercise & Stretches 10:00 Basketball 1:00 DIY Craft 3:00 Bean Bag Toss 4:00 BINGO</p>		

Calendar Subject to Changes