



# Anoka Rehab & Living Center

## Life Enrichment Calendar

### June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	<p style="text-align: right; margin-right: 5px;"><b>1</b></p> <p>10:00 In Memoriam &amp; Devotions with Chaplain Scott - CH            10:45 Ring Toss - CH            2:00 Guitar Music &amp; Singing with The Barsolo Brothers (50s, 60s, &amp; 70s Hits) - DR            6:00 Resident-Led Card Games - AR</p>	<p style="text-align: right; margin-right: 5px;"><b>2</b></p> <p>10:00 Daily Devotions - LTC Patio            10:10 Patio Time - LTC Patio            10:00-12:00 Physio Step Fitness - AR            2:00 BINGO! - DR            3:30 Paula's Leisure Cart            6:00 Coloring - Lounge Area</p>	<p style="text-align: right; margin-right: 5px;"><b>3</b></p> <p>10:00 Mind &amp; Move Stretch - LTC Patio            10:30 Famous Places Game - LTC Patio            11:00 Manicures / Calming Hands - Reflections TV Room            3:00 Bible Trivia with Chaplain Scott - CH            Afternoon Treat Cart Day!            3:00 Resident-Led Uno Game - AR</p>	<p style="text-align: right; margin-right: 5px;"><b>4</b></p> <p>10:30 Zion Holy Communion Church with Pastor Sue - CH            11:00-12:00 Physio Step Fitness - AR            2:00 BINGO! - DR            3:00 Scott's Trivia Time - DR            4:00 Patio Time - LTC Patio            3:15 Leisure Cart</p>	<p style="text-align: right; margin-right: 5px;"><b>5</b></p> <p>9:30 St. Stephen's Communion Mass - ALCH            11:00-12:00 Physio Step Fitness - AR            2:00 Widow's Grief Group - CH            Friday Funnies!            6:00 Resident Led Card Games - DR</p>	<p style="text-align: right; margin-right: 5px;"><b>6</b></p> <p>10:30 Hymn Sing &amp; Daily Portals of Prayer Devotional - CH            11:00 Exercises - CH            2:00 BINGO! - DR</p>		
<p style="text-align: right; margin-right: 5px;"><b>7</b></p> <p><b>Cancer Survivors Day</b>            10:30 Exercise Group - CH            11:00 Church Service with Riverdale Church Volunteers - CH            2:00 Trivia and Treats - CH</p>	<p style="text-align: right; margin-right: 5px;"><b>8</b></p> <p>10:00 Devotions with Chaplain Scott - CH            10:45 Fishing Game - AR            2:00 Music Entertainment with Lori Lachner - DR            6:00 Resident-Led Card Games</p>	<p style="text-align: right; margin-right: 5px;"><b>9</b></p> <p>10:00 Daily Devotions - CH            10:10 Drumming - CH            10:00-12:00 Physio Step Fitness - AR            2:00 BINGO! - DR            3:30 Paula's Leisure Cart            4:00 Patio Time - LTC Patio            6:00 Coloring - Lounge Area</p>	<p style="text-align: right; margin-right: 5px;"><b>10</b></p> <p>10:00 Mind &amp; Move Stretch - AR            10:20 Making Chocolate Cheesecake - AR            Afternoon Treat Cart Day!            3:00 Resident-Led Uno Game - AR</p>	<p style="text-align: right; margin-right: 5px;"><b>11</b></p> <p><b>National CNA Day</b>            9:30-11:30 Larry's Art 4-All - TV Rm            10:00 Stretching - AR            10:10 Craft Group: Fingerpainting! - AR            2:00 BINGO! - DR            3:00 Scott's Trivia Time - DR            3:15 Leisure Cart</p>	<p style="text-align: right; margin-right: 5px;"><b>12</b></p> <p>9:30 Rosary Group with Katie (from St. Stephens) - CH            10:00-12:00 Physio Step Fitness - AR            2:00 Prayer Group with Chaplain Scott - CH            2:45 Men's Group - CH            Friday Funnies!            6:00 Resident Led Card Games - DR</p>	<p style="text-align: right; margin-right: 5px;"><b>13</b></p> <p>10:30 Hymn Sing &amp; Daily Portals of Prayer Devotional - CH            11:00 Exercises - CH            2:00 Bingo! - DR</p>		
<p style="text-align: right; margin-right: 5px;"><b>14</b></p> <p><b>Flag Day</b>            10:30 Exercise Group - CH            11:00 Church Service with Riverdale Church Volunteers - CH            2:00 Movie - CH</p>	<p style="text-align: right; margin-right: 5px;"><b>15</b></p> <p><b>Men's Health Week</b>            10:00 Devotions with Chaplain Scott - CH            10:45 Bean Bag Toss - CH            2:00 Guitar Music &amp; Singing with Jim Kirkendall - DR            6:00 Resident-Led Card Games - AR</p>	<p style="text-align: right; margin-right: 5px;"><b>16</b></p> <p>10:00 Bus Outing to Dollar Tree - Sign up at the Front Desk            10:00-12:00 Physio Step Fitness - AR            2:00 BINGO! - DR            3:15 Social Hour! - DR            3:30 Paula's Leisure Cart            6:00 Jigsaw Puzzles - Lounge Area</p>	<p style="text-align: right; margin-right: 5px;"><b>17</b></p> <p>10:00 Daily Devotional - CH            10:10 Mind &amp; Move Stretch - CH            10:30 Ladies Circle - CH            Manicures / Calming Hands - In Room            2:30 Pet Visits - In Room Activity            3:00 Bible Trivia with Chaplain Scott - CH            Afternoon Treat Cart Day!</p>	<p style="text-align: right; margin-right: 5px;"><b>18</b></p> <p>10:00 Stretching - AR            10:10 Craft Group! Tie Dye - AR            2:00 BINGO! - DR            3:00 Scott's Trivia Time: Fishing Trivia - DR            4:00 Patio Time - LTC Patio            3:15 Leisure Cart</p>	<p style="text-align: right; margin-right: 5px;"><b>19</b></p> <p><b>Juneteenth</b>            9:30 Rosary Group with Katie (from St. Stephens) - CH            10:00-12:00 Physio Step Fitness - AR            2:00 Prayer Group with Chaplain Scott - CH            2:45 Men's Group - CH            3:15 Lemonade Social - LTC Patio            6:00 Resident Led Card Games - DR            Friday Funnies!</p>	<p style="text-align: right; margin-right: 5px;"><b>20</b></p> <p>10:30 Hymn Sing &amp; Daily Portals of Prayer Devotional - CH            11:00 Exercises - CH            2:00 Bingo! - DR</p>		
<p style="text-align: right; margin-right: 5px;"><b>21</b></p> <p><b>Father's Day</b>            10:30 Exercise Group - CH            11:00 Church Service with Riverdale Church Volunteers - CH            2:00 Father's Day Trivia and Treats - CH</p>	<p style="text-align: right; margin-right: 5px;"><b>22</b></p> <p>10:00 Devotions with Chaplain Scott - CH            10:45 Bowling - CH            2:00 Guitar Music &amp; Singing with Tim Meyers (50s, 60s, &amp; 70s) - DR            6:00 Resident-Led Card Games - AR</p>	<p style="text-align: right; margin-right: 5px;"><b>23</b></p> <p>10:00 Daily Devotions - LTC Patio            10:10 Gardening on the Patio - LTC Patio (One group in Reflections, one in Cornerstone/Riverbend)            10:00-12:00 Physio Step Fitness - AR            2:00 BINGO! - DR            3:15 Father's Day Donuts for Dads - DR            3:30 Paula's Leisure Cart            6:00 Jigsaw Puzzles - Lounge Area</p>	<p style="text-align: right; margin-right: 5px;"><b>24</b></p> <p>10:00 Daily Devotional - LTC Patio            10:10 Mind &amp; Move Stretch - LTC Patio            10:30 Educational Games with Ximena - LTC Patio            2:00 Food Council Meeting - CH            2:30 Resident Council Meeting - CH            Afternoon Treat Cart Day!</p>	<p style="text-align: right; margin-right: 5px;"><b>25</b></p> <p>10:00 Stretching - AR            10:10 Craft Group! Summer Flowers Craft - AR            2:00 BINGO! - DR            3:00 Scott's Trivia Time - DR            3:15 Leisure Cart</p>	<p style="text-align: right; margin-right: 5px;"><b>26</b></p> <p>9:30 Rosary Group with Katie (from St. Stephens) - CH            10:00-12:00 Physio Step Fitness - AR            2:00 Prayer Group with Chaplain Scott - CH            2:45 Men's Group - CH            6:00 Resident Led Card Games - DR            Friday Funnies!</p>	<p style="text-align: right; margin-right: 5px;"><b>27</b></p> <p>10:30 Hymn Sing &amp; Daily Portals of Prayer Devotional - CH            11:00 Exercises - CH            2:00 Bingo! - DR</p>		
<p style="text-align: right; margin-right: 5px;"><b>28</b></p> <p>10:30 Exercise Group - CH            11:00 Church Service with Riverdale Church Volunteers - CH            2:00 Trivia &amp; Treats - CH</p>	<p style="text-align: right; margin-right: 5px;"><b>29</b></p> <p>10:00 Devotions with Chaplain Scott - CH            10:45 Chair Dancing - CH            2:00 Music Entertainment - DR            6:00 Resident-Led Card Games - AR</p>	<p style="text-align: right; margin-right: 5px;"><b>30</b></p> <p>Manicures / Calming Hands            10:00-12:00 Physio Step Fitness - AR            10:30 Bus Outing to Carole's Restaurant - Sign up at Front Desk            2:00 BINGO! - DR            3:30 Patio Time - LTC Patio            3:30 Paula's Leisure Cart            6:00 Jigsaw Puzzles - Lounge Area</p>	<p>CH = 2<sup>nd</sup> Floor Chapel            DR = Dining Room            AR = Activity Room next to the Dining Room            ALCR = Assisted Living Community Room            ALCH = Assisted Living Chapel on 1<sup>st</sup> Floor            LTC Patio = Patio in Long-Term Care</p>			<p><b>Special Event/Visitors Spiritual Activity</b>  <b>Staff Leisure Rounds</b> are completed every morning: daily perk, room order, and encourage different groups for the day.  <b>Heart2Heart Visits</b> are received daily by staff.</p>	<p>Calendar is Subject to Change. The Daily Calendar reflects modifications. Groups may be paused due to unforeseen reasons. Do not hesitate to call staff for escort to groups.  <b>Please call if you have any questions. #763-528-6463</b></p>	

Calendar Subject to Changes