

Valley Manor Care Center // Memory Care

Life Enrichment Calendar

June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p style="text-align: right;">1</p> <p>9:00 Morning Exercise & Stretches 10:00 Bowling 1:30 Snack Shack 2:30 Music with Ed and The Gang</p>	<p style="text-align: right;">2</p> <p>9:30 Morning Exercise & Stretches 1:00 Art 2:00 Music with Paul 3:00 Snack Shack 3:30 Outside Time / Walking Group 4:00 Bingo *4:00pm Family/Resident Council*</p>	<p style="text-align: right;">3</p> <p>9:30 Morning Exercise & Stretches 10:30 Noodle Hockey 1:00 DIY Craft 2:00 Root Bear Floats and Convo 3:00 Bean Bag Toss</p>	<p style="text-align: right;">4</p> <p>9:00 Coffee and Convos 10:15 Baking: Muffins 1:30 Bingo 3:00 Kickball</p>	<p style="text-align: right;">5</p> <p>9:00 Morning Exercise & Stretches 10:15 Music with Beth 1:00 Ball Toss</p>	<p style="text-align: right;">6</p> <p>9:30 Morning Exercise & Stretches 2:00 Coffee & Cookies 3:00 Nails and Massage 4:00 Board Games</p>
<p style="text-align: center;">Cancer Survivors Day</p> <p style="text-align: right;">7</p> <p>2:30 Nail Care 3:00 Football and Floats 4:00 Movie Matinee with Popcorn 6:00 Outside walking</p>	<p style="text-align: right;">8</p> <p>9:00 Morning Exercise & Stretches 1:30 Snack Shack 2:30 Music with Ed and The Gang 3:15 Bowling</p>	<p style="text-align: right;">9</p> <p>9:30 Morning Exercise & Stretches 10:00 Devotion / Music with Susie 1:00 Art 2:00 Music with Paul 3:00 Happy Hour 3:30 Outside Time / Walking Group</p>	<p style="text-align: right;">10</p> <p>9:30 Morning Exercise & Stretches 10:30 Noodle Hockey 1:00 DIY Craft 2:00 Hand Massage and Oils 3:00 Bean Bag Toss 4:00 Men's Group</p>	<p style="text-align: center;">National CNA Day</p> <p style="text-align: right;">11</p> <p>9:00 Coffee and Convos 1:30 Bingo 3:00 DIY Mosaic Craft</p>	<p style="text-align: right;">12</p> <p>9:00 Morning Exercise & Stretches 11:00 Ball Toss 1:00 Craft 3:00 Coffee & Cookies 4:00 Yoga Shirley C Birthday</p>	<p style="text-align: right;">13</p> <p>9:30 Morning Exercise & Stretches 2:00 Coffee & Cookies 3:00 Nails and Massage 4:00 Board Games</p>
<p style="text-align: center;">Flag Day</p> <p style="text-align: right;">14</p> <p>2:30 Balloon Ball Toss 3:30 Football and Floats 4:00 Movie Matinee with Popcorn 6:00 Chair Drumming 7:00 Nail Care and Massage</p>	<p style="text-align: center;">Men's Health Week</p> <p style="text-align: right;">15</p> <p>9:00 Morning Exercise & Stretches 1:30 Snack Shack 2:30 Music with Ed and The Gang 3:15 Bowling</p>	<p style="text-align: right;">16</p> <p>9:30 Morning Exercise & Stretches 10:00 Devotion / Music with Susie 1:00 Art 2:00 Music with Paul 3:00 Snack Shack 3:30 Outside Time / Walking Group</p>	<p style="text-align: right;">17</p> <p>9:30 Morning Exercise & Stretches 10:30 Noodle Hockey 1:00 DIY Craft 2:00 Coffee & Cookies 3:00 Bean Bag Toss 4:00 Men's Group Daves Birthday</p>	<p style="text-align: right;">18</p> <p>9:00 Coffee and Convos 10:15 Baking: Strawberries Cream 1:30 Chair Yoga 3:30 Movie Matinee</p>	<p style="text-align: center;">Juneteenth</p> <p style="text-align: right;">19</p> <p>9:00 Morning Exercise & Stretches 11:00 Ball Toss 1:00 Ball Fishing 3:00 Coffee & Cookies 4:00 Yoga and Music Lindas Birthday</p>	<p style="text-align: right;">20</p> <p>9:30 Morning Exercise & Stretches 10:30 Trivia 1:00 Cards 2:00 Coffee & Cookies 3:00 Nails and Massage</p>
<p style="text-align: center;">Father's Day</p> <p style="text-align: right;">21</p> <p>2:30 Fathers Day Celebration 3:30 Game show and Floats 4:00 Movie Matinee with Popcorn 6:00 Chair Drumming 7:00 Nail Care and Massage</p>	<p style="text-align: right;">22</p> <p>9:00 Morning Exercise & Stretches 1:30 Snack Shack 2:30 Music with Ed and The Gang 3:15 Bowling</p>	<p style="text-align: right;">23</p> <p>9:30 Morning Exercise & Stretches 10:00 Devotion / Music with Susie 1:00 Art 2:00 Music with Paul 3:00 Snack Shack 3:30 Outside Time / Walking Group</p>	<p style="text-align: right;">24</p> <p>9:30 Morning Exercise & Stretches 10:30 Noodle Hockey 2:00 Happy Hour 3:00 Bean Bag Toss 4:00 Men's Group</p>	<p style="text-align: right;">25</p> <p>9:30 Morning Exercise & Stretches 10:00 Basketball 1:00 DIY Craft 3:00 Bean Bag Toss 4:00 BINGO</p>	<p style="text-align: right;">26</p> <p>9:00 Morning Exercise & Stretches 11:00 Ball Toss 3:00 Coffee & Cookies 4:00 Yoga Sheilas Birthday</p>	<p style="text-align: right;">27</p> <p>9:30 Morning Exercise & Stretches 10:30 Trivia 2:00 Root Beer Floats 3:00 Nails and Massage 4:00 Board Games</p>
<p style="text-align: right;">28</p> <p>2:30 Balloon Ball Toss 4:00 Movie Matinee with Popcorn 6:00 Chair Drumming 7:00 Nail Care and Massage</p>	<p style="text-align: right;">29</p> <p>9:00 Morning Exercise & Stretches 1:30 Snack Shack 2:30 Music with Ed and The Gang 3:15 Bowling</p>	<p style="text-align: right;">30</p> <p>9:30 Morning Exercise & Stretches 10:00 Devotion / Music with Susie 1:00 Art 2:00 Music with Paul 3:00 Snack Shack 3:30 Outside Time / Walking Group 4:00 Bingo</p>			<p>Green = Music Entertainment</p> <p>Blue = Social Volunteers</p>	

Calendar Subject to Changes