

Transitional Care Unit (TCU) // Gulf Coast Village Life Enrichment Calendar August 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Activity Calendar Legend: DR = Dining Room PA = Patio	*Pet Visits with Rosie Tuesdays @ 10:00am *Pet Visits with Rocky Wednesdays @ 10:00am				1 9:30 – Stretches on the Lanai (PA) 10:30 – Prayer Group with Adeline (DR) 11:00 – Bingo (DR)
Nat'l Friendship Day 2 9:30 – Patio Hour (PA) 10:30 – Seated Yoga (DR) 11:00 – Ecumenical Service (Ch 50) 11:00 – Bingo (DR)	3 1:15 – Manicures (DR) 1:45 – Who Am I? (DR) 2:30 – Bingo (DR) 3:30 – Garden Stroll (PA)	4 1:15 – Patio Time (PA) 1:45 – Yahtzee (DR) 2:30 – Group Jigsaws (DR) 3:30 – Rummikub (DR)	5 1:15 – Board Games (DR) 1:45 – Sunshine Health Chat (PA) 2:30 – Bingo (DR) 3:30 –Rehab Q&A (DR)	6 1:15 – Manicures (DR) 1:45 – Rummikub (DR) 2:30 – Color Projects (DR) 3:30 –Would You Rather? (DR)	7 1:15 – Relax in the Garden (PA) 1:45 – Bingo (DR) 2:30 – Silhouette Sunsets (DR) 3:30 – Yahtzee (DR)	8 9:30 – Stretches on the Lanai (PA) 10:30 – Prayer Group with Adeline (DR) 11:00 – Bingo (DR)
9 9:30 – Patio Hour (PA) 10:30 – Seated Yoga (DR) 11:00 – Ecumenical Service (Ch 50) 11:00 – Bingo (DR)	10 1:15 – Manicures (DR) 1:45 – Who Am I? (DR) 2:30 – Bingo (DR) 3:30 – Garden Stroll (PA)	11 1:15 – Patio Time (PA) 1:45 – Yahtzee (DR) 2:30 – Crafting Projects (DR) 3:30 – Rummikub (DR)	12 1:15 – Board Games (DR) 1:45 – Reverse War Card Game (DR) 2:30 – Bingo (DR) 3:30 – Rehab Q&A (DR)	13 1:15 – Manicures (DR) 1:45 – Rummikub (DR) 2:30 – Sunsational Coasters (DR) 3:30 –Go Fish (DR)	14 1:15 – Relax in the Garden (PA) 1:45 – Bingo (DR) 2:30 – Afternoon Stretches (DR) 3:30 – Yahtzee (DR)	15 9:30 – Stretches on the Lanai (PA) 10:30 – Prayer Group with Adeline (DR) 11:00 – Bingo (DR)
16 9:30 – Patio Hour (PA) 10:30 – Seated Yoga (DR) 11:00 – Ecumenical Service (Ch 50) 11:00 – Bingo (DR)	National Nonprofit Day 17 1:15 – Manicures (DR) 1:45 – Abstract Painting (DR) 2:30 – Bingo (DR) 3:30 – Garden Stroll (PA)	18 1:15 – Patio Time (PA) 1:45 – Yahtzee (DR) 2:30 – Paint By Numbers (DR) 3:30 – Rummikub (DR)	19 1:15 – Board Games (DR) 1:45 – Left Right Center (DR) 2:30 – Bingo (DR) 3:30 – Rehab Q&A (DR)	20 1:15 – Manicures (DR) 1:45 – Rummikub (DR) 2:30 – Group Jigsaws (DR) 3:30 –Afternoon Patio Stroll (PA)	Nat'l Senior Citizen Day! 21 1:15 – Relax in the Garden (PA) 1:45 – Bingo (DR) 2:30 – Have You Ever? (DR) 3:30 – Yahtzee (DR)	22 9:30 – Stretches on the Lanai (PA) 10:30 – Prayer Group with Adeline (DR) 11:00 – Bingo (DR)
23 9:30 – Patio Hour (PA) 10:30 – Seated Yoga (DR) 11:00 – Ecumenical Service (Ch 50) 11:00 – Bingo (DR)	24 1:15 – Manicures (DR) 1:45 – Cranium Crunches (DR) 2:30 – Bingo (DR) 3:30 – Garden Stroll (PA)	25 1:15 – Patio Time (PA) 1:45 – Yahtzee (DR) 2:30 – Buzzword Game (DR) 3:30 – Rummikub (DR)	26 1:15 – Board Games (DR) 1:45 – Left Right Center (DR) 2:30 – Bingo (DR) 3:30 – Rehab Q&A (DR)	27 1:15 – Manicures (DR) 1:45 – Rummikub (DR) 2:30 – Décor Painting (DR) 3:30 –Nature Hour (PA)	28 1:15 – Relax in the Garden (PA) 1:45 – Bingo (DR) 2:30 – Group Jigsaws (DR) 3:30 – Yahtzee (DR)	29 9:30 – Stretches on the Lanai (PA) 10:30 – Prayer Group with Adeline (DR) 11:00 – Bingo (DR)
30 9:30 – Patio Hour (PA) 10:30 – Seated Yoga (DR) 11:00 – Ecumenical Service (Ch 50) 11:00 – Bingo (DR)	31 1:15 – Manicures (DR) 1:45 – What Am I? (DR) 2:30 – Bingo (DR) 3:30 – Garden Stroll (PA)					

Calendar Subject to Changes