

The Cove // Gulf Coast Village

Life Enrichment Calendar

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Activity Location Legend: BW = B Wing BI = Bistro PA = Patio CO = Cove DW = D Wing CC = Care Center BT = Bus Trip		*Pet Visits with Rosie Tuesdays @ 10:00am *Pet Visits with Rocky Wednesdays @ 10:00am *Catholic Mass Sundays Channel 219			1 9:30 – Morning Movement (CO) 1:30 – Volleyball (CO) 3:30 – Cluster Groups (CO) 4:00 – Sunshine Songs (CO)
Nat'l Friendship Day 2 10:00 – Morning Movement (CO) 11:00 – Ecumenical Service (Ch 50) 2:00 – Seated Yoga (CO) 3:00 – Oldies Karaoke (CO)	3 9:30 – Morning Movement (CO) 10:00 – Cooking Discussion (CO) 11:30 – Getting To Know You (CO) 1:30 – Choir Rehearsal (CO) 2:30 – Service Club (CO) 4:00 – Music w/Therese (CO)	4 9:30 – Morning Movement (CO) 10:00 – Sunshine Songs (CO) 11:30 – Prayer Jar (CO) 1:30 – Manicures (CO) 2:30 – Music w/Bobby&Doreen (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	5 9:30 – Morning Movement (CO) 10:00 – Painting Projects (CO) 11:30 – Sing With Suzie (CO) 1:30 – Hymn Sing (CO) 3:00 – Have You Ever? (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	6 9:30 – Morning Movement (CO) 10:00 – What Am I? (CO) 11:30 – Scenic Alaska (CO) 1:30 – Sunshine Sculptures (CO) 3:00 – Photo Storytelling (CO) 3:30 – Hand Massage (CO) 4:00 – Manicures (CO)	7 9:30 – Morning Movement (CO) 10:00 – Word Games (PA) 11:30 – Scenic Colorado (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	8 9:30 – Morning Movement (CO) 1:30 – Art Club (CO) 3:30 – Cluster Groups (CO) 4:00 – Music Group (CO)
9 10:00 – Morning Movement (CO) 11:00 – Ecumenical Service (Ch 50) 2:00 – Seated Dance Class (CO) 3:00 – Lawrence Welk Show (CO)	10 9:30 – Morning Movement (CO) 10:00 – Group Puzzling (CO) 11:30 – Scenic Florida (CO) 1:30 – Choir Rehearsal (CO) 3:00 – Cape Christian Luau (CO) 4:00 – Music w/Therese (CO)	11 9:30 – Morning Movement (CO) 10:00 – Remembering Sultans (CO) 11:30 – Match Up (CO) 1:30 – Folding & Sorting (CO) 2:00 – Live Music w/Elvis (CO) 3:30 – Manicures (CO) 4:00 – Music w/Therese (CO)	12 9:30 – Morning Movement (CO) 10:00 – Floral Arrangements (CO) 11:30 – Scenic Alabama (CO) 1:30 – Hymn Sing (CO) 3:00 – Bingo (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	13 9:30 – Morning Movement (CO) 10:00 – Toss a Tune (CO) 11:30 – Detective Puzzles (CO) 1:30 – Watercolor Projects (CO) 3:00 – Manicures (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	14 9:30 – Morning Movement (CO) 10:00 – Book Club (PA) 11:30 – Scenic Summer Shots (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	15 9:30 – Morning Movement (CO) 11:00 – Therapy Dogs Visit (CO) 1:30 – Art Club (CO) 3:30 – Cluster Groups (CO) 4:00 – Music Group (CO)
16 10:00 – Morning Movement (CO) 11:00 – Ecumenical Service (Ch 50) 2:00 – Upper Body Stretches (CO) 3:00 – American Bandstand (CO)	National Nonprofit Day 17 9:30 – Morning Movement (CO) 10:00 – Garden Discussion (PA) 11:30 – Scenic Maine (CO) 1:30 – Choir Rehearsal (CO) 2:30 – Service Club (CO) 4:00 – Music w/Therese (CO)	18 9:30 – Morning Movement (CO) 10:00 – Ask Me Anything (CO) 11:30 – Prayer Jar (CO) 1:30 – Folding & Sorting (CO) 2:00 – Live Music w/Dale (CO) 3:30 – Hand Massages (CO) 4:00 – Music w/Therese (CO)	19 9:30 – Morning Movement (CO) 10:00 – Marbling Mosaics (CO) 11:30 – Scenic Germany (CO) 1:30 – Hymn Sing (CO) 3:00 – Manicures (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	20 9:30 – Morning Movement (CO) 10:00 – Fruit or Vegetable? (CO) 11:30 – Scenic Idaho (CO) 1:30 – Folding & Sorting (CO) 2:00 – Calendar Girls Show (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Alexis (CO)	Nat'l Senior Citizen Day! 21 9:30 – Morning Movement (CO) 10:00 – Book Club (PA) 11:30 – Scenic New York 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	22 9:30 – Morning Movement (CO) 1:30 – Art Club (CO) 3:30 – Cluster Groups (CO) 4:00 – Music Group (CO)
23 10:00 – Morning Movement (CO) 11:00 – Ecumenical Service (Ch 50) 2:00 – Volleyball (CO) 3:00 – Country Karaoke (CO)	24 9:30 – Morning Movement (CO) 10:00 – Rhythm Circle (CO) 11:30 – Scenic Illinois (CO) 1:30 – Choir Rehearsal (CO) 2:30 – Service Club (CO) 4:00 – Music w/Therese (CO)	25 9:30 – Morning Movement (CO) 10:00 – Letter Games (CO) 11:30 – Prayer Jar (CO) 1:30 – Folding & Sorting (CO) 2:00 – Live Music w/Cheri&Neil (CO) 3:30 – Hand Massages (CO) 4:00 – Music w/Therese (CO)	26 9:30 – Morning Movement (CO) 10:00 – Citrus Stamping (CO) 11:30 – Scenic Ireland (CO) 1:30 – Hymn Sing (CO) 3:00 – Manicures (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	27 9:30 – Morning Movement (CO) 10:00 – Dances of 50s & 60s (CO) 11:30 – Scenic New Mexico (CO) 2:00 – Sun & Citrus Soiree (CO) 3:00 – Manicures (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	28 9:30 – Morning Movement (CO) 10:00 – Book Club (PA) 11:30 – Match Up (CO) 3:30 – Hand Massage (CO) 4:00 – Music w/Therese (CO)	29 9:30 – Morning Movement (CO) 1:30 – Art Club (CO) 3:30 – Cluster Groups (CO) 4:00 – Music Group (CO)
30 10:00 – Morning Movement (CO) 11:00 – Ecumenical Service (Ch 50) 2:00 – Ring Toss Competition (CO) 3:00 – Lawrence Welk Show (CO)	31 9:30 – Morning Movement (CO) 10:00 – Rhythm Circle (CO) 11:30 – Scenic California (CO) 1:30 – Choir Rehearsal (CO) 2:30 – Service Club (CO) 4:00 – Music w/Therese (CO)					

Calendar Subject to Changes