

The Homestead at Rochester // The Legacy Independent Living

Life Enrichment Calendar

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Homestead at Rochester Volunteers of America® NATIONAL SERVICES		1st Floor: AR - Aerobic Room CR - Club Room DR - Dining Room EE - Exercise Equipment Room TPR - Theater TTR - Table Tennis Room	2nd Floor: CB - Cards/Billiards Room LI - Library ORC - Orchard GP/CH - Gathering Place/Chapel 4th Floor: GK - Garden Kitchen Calendar Subject to Change			1 10:00am Men's Coffee (CR) 1:00pm Cards: 500 (CB) Saturday Movie 10:00am Saturday Movie (TPR) "Marley & Me" 1:00pm Saturday Movie (TPR) "Marley & Me"
Nat'l Friendship Day 2 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)	3 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Exercise (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Chan. 2493) 10:30am Bible Study (GP/CH) All Are Welcome! 1:00pm Knitting Group (ORC) 1:00pm 500 (CB) 1:30pm Apache Mall Outing 3:00pm Greeting card making (ORC)	4 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 9:30am Depart for Spam Museum Tour (Austin) Call ext. 2000 to sign up! 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 3:00pm Chapel with Andy Pronsati (CH/GP)	5 8:30am Live 2 b Healthy (AR) 9:20am Bus to Treasure Island 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Art Corner: Dip Painting (ORC) 10:30am Stronger Seniors (Chan. 2493) 1:30pm Target Shopping Outing 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)	6 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Hiawatha Car Show (Pond) 1:00pm Mexican Train (ORC) 2:30pm Keynote Speaker "Bob Miller- Remember the Room" (GP/CH) 2:00pm Ladies' Coffee (CR) 6:30pm BINGO (GP/CH)	7 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:00pm Depart for Days of Yesteryears party at History Center. Call ext. 2000 to sign up! 3:30pm Social Hour (CR)	8 10:00am Men's Coffee (CR) 1:00pm Cards: 500 (CB) 2:00pm The Hurdy Gurdy with Peter M (GP/CH) Saturday Movie 10:00am Saturday Movie (TPR) "Contact" 1:00pm Saturday Movie (TPR) "Contact"
9 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB) 1:15pm Depart for Melodrama Play @ Mantorville Theater "Dogsbreath Devereaux" Call ext. 2000 to sign up!	10 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Bible Study (GP/CH) All Are Welcome! 1:00pm Knitting Group (ORC) 1:00pm Cards: 500 (CB) 1:30pm Walmart Shopping Outing	11 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 1:00pm "Drowning in God's Love" by Ken B (GP/CH) 3:00pm Chapel with Linda Hellberg (BLC) (CH/GP)	12 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Chan. 2493) 10:30am Art Corner Upcycle Suncatchers 1:30 pm Hy-Vee Shopping Outing 2:00pm Women's Coffee (CR) 3:00pm Activity Planning Meeting (GP/CH) 6:00pm Cards: Euchre (CB)	13 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:30pm Fareway Shopping Outing 2:00pm UCC Congregational (GP/CH) 2:00pm Ladies' Coffee (CR) 2:30pm Outdoor Concert with Renee Jones (Legacy Garden) 6:30pm BINGO (GP/CH)	14 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 10:30am Classical Violin Music with Kathleen (GP/CH) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 3:30pm Social Hour (CR)	15 10:00am Men's Coffee (CR) Cards: 500 (CB) Saturday Movie 10:00am Saturday Movie (TPR) "Finding Forester" 1:00pm Saturday Movie (TPR) "Finding Forester"

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)	National NonProfit Day 17 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Bible Study (GP/CH) All Are Welcome! 1:00pm Knitting Group (ORC) 1:00pm Cards: 500 (CB) 2:00pm Monthly Birthday Party with Nathan's Jazzers (GP/CH)	18 8:30am Ladies Breakfast Hosted by Marianne Olson (CR) Call ext.2000 to sign up 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 11:30am Downtown Organ Recital Departs 11:30am Call ext.2000 to sign up 1:00pm Farkle (CB) 1:30pm Advocacy Meeting (CR) 3:00pm Chapel with Josh Laack (CVFC) (CH/GP)	19 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 9:30am Ambassador Meeting (GP/CH) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Art Corner: Zesty Citrus Cutouts 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)	20 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:30pm Fareway Shopping Outing 2:00pm Ladies' Coffee (CR) 2:00pm Christ United Methodist Service (GP/CH) 6:30pm BINGO (GP/CH)	Nat'l Senior Citizen Day 21 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 10:30am Bingo: Sunshine! w/Jayne 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:30pm Guys, Gals & Pies (ORC) 3:30pm Social Hour (CR)	22 10:00am Men's Coffee (CR) 1:00pm Cards: 500 (CB) Saturday Movie 10:00am Saturday Movie (TPR) "Catch me if you Can" 1:00pm Saturday Movie (TPR) "Catch me if you Can"
23 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)	24 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Bible Study (GP/CH) All Are Welcome! 1:00pm Knitting Group (ORC) 1:00pm Cards: 500 (CB) 1:30pm Hobby Lobby Shopping	25 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 10:30am Guest Speaker- Karen and Kevin "What does Medicare Cover" (GP/CH) 1:00pm Farkle (CB) 2:00pm Food Committee Meeting (CR) 3:00pm Chapel with Monte French (MRCC) (GP/CH)	26 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Art Corner: Painting Rocks (GP/CH) 1:15pm Music with Mark Milner (GP/CH) 1:30pm Hy-Vee Shopping Outing 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)	27 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 3:00pm All Resident Meeting (GP/CH) 6:30pm BINGO (GP/CH)	28 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 10:30am Guest Speaker "Quarry Hill- Minnesota Toads and Frogs Presentation" (GP/CH) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 3:30pm Social Hour (CR)	29 10:00am Men's Coffee (CR) *Lunch Outing Whistle Binkies on the Lake (Rochester) Departs at 11:00am Call ext. 2000 to sign up! Saturday Movie 10:00am Saturday Movie (TPR) "Twister" 1:00pm Cards: 500 (CB) 2:30pm Music with Troy GP/CH)
30 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)	31 8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Bible Study (GP/CH) All Are Welcome! 1:00pm Knitting Group (ORC) 1:00pm Cards: 500 (CB) 1:30pm Improv Workshop with Nick and Jerry (GP/CH) Call ext. 2000 to sign up!		1st Floor: AR - Aerobic Room CR - Club Room DR - Dining Room EE - Exercise Equipment Room TPR - Theater TTR - Table Tennis Room <i>*Limited Outings based on Driver Availability</i>	2nd Floor: CB - Cards/Billiards Room LI - Library ORC - Orchard GP/CH - Gathering Place/Chapel 4th Floor: GK - Garden Kitchen <i>Calendar Subject to Change</i>		