





The Homestead at Rochester // The Legacy Independent Living

Life Enrichment Calendar July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>The Homestead at Rochester</p> 			<p>1</p> <p>8:30am Live 2 b Healthy (AR) 9:20am Bus to Treasure Island 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 11:00am All American Cookout & Patriotic Photo Booth (DR) Must call ext. 2000 to sign up 12:30-2:30pm Flapdoodles Ice Cream Truck (Gazebo) 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)</p>	<p>2</p> <p>9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group Meet by Front Desk 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:00pm Zumbro Lutheran Church (GP/CH) 1:30pm Fareway Shopping 4:30-6:00pm Dinner Show w/ Michael Nelson (DR) 6:30pm BINGO (GP/CH)</p>	<p>3</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 3:30pm Social Hour (CR)</p>	<p>Happy 4th of July! 4</p> <p>10:00am Men's Coffee (CR) 11:00am Patriotic Hymn Sing (GP/CH) 1:00pm Cards: 500 (CB)</p>
<p>5</p> <p>11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)</p>	<p>6</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Exercise (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Chan. 2493) 10:30am Bible Study (GP/CH) All Are Welcome! 1:00pm Knitting Group (ORC) 1:00pm 500 (CB) 3:00pm Greeting card making for craft fair (ORC)</p>	<p>7</p> <p>9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 3:00pm Chapel with Andy Pronsati (CH/GP)</p>	<p>8</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Chan. 2493) 10:30am Art Corner: Modge Podge Shells (ORC) 1:30 pm Hy-Vee Shopping Outing 2:00pm Women's Coffee (CR) 2:30pm Music with Arthur Hu (GP/CH) 3:30pm Activity Planning Meeting (GP/CH) 6:00pm Cards: Euchre (CB)</p>	<p>9</p> <p>9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 2:00pm Ladies' Coffee w/ Jen Bruce Digitizing our photos (CR) 2:00pm UCC Congregational (GP/CH) 3:30pm Psalms of the Bible & Sing-along w/ Richard Colligan (GP/CH) 6:30pm BINGO (GP/CH)</p>	<p>10</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Primary Voting (GP/CH) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 10:30am Patriotic Bingo (GP/CH) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 3:30pm Social Hour (CR)</p>	<p>11</p> <p>10:00am Men's Coffee (CR) 1:00pm Cards: 500 (CB)</p>
<p>12</p> <p>11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)</p> <p>*Baseball Outing Rochester Honkers Baseball Game (Rochester) Departs at 4:15pm Call ext 2000 to sign up!</p>	<p>13</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Exercise (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Chan. 2493) 10:30am Bible Study (GP/CH) All Are Welcome! 1:00pm Knitting Group (ORC) 1:00pm Card 500 (CB) 1:00-3:00pm Balance Screenings & Fitness Room Orientation (EE)</p>	<p>14</p> <p>9:00am-11:00am Balance Screenings & Fitness Room Orientation (EE) 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 1:00pm Music with Bob Scoggins (GP/CH) 3:00pm Chapel with Linda Hellberg (BLC) (CH/GP)</p>	<p>15</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 9:30am Ambassador Meeting (GP/CH) 10:00am Men's Coffee (CR) 10:30am Exercise (Chan. 2493) 10:30am Art Corner: Paint Candles (ORC) 1:30pm Bowling at Bowlocity Entertainment Center Call ext. 2000 to sign up 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)</p>		<p>1st Floor: AR - Aerobic Room CR - Club Room DR - Dining Room EE - Exercise Equipment Room TPR - Theater TTR - Table Tennis Room</p> <p><i>*Limited Outings based on Driver Availability</i></p>	<p>2nd Floor: CB - Cards/Billiards Room LI - Library ORC - Orchard GP/CH - Gathering Place/Chapel</p> <p>4th Floor: GK - Garden Kitchen</p> <p><i>Calendar Subject to Change</i></p>

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<p>The Homestead at Rochester</p> 		<p><u>1st Floor:</u> AR - Aerobic Room CR - Club Room DR - Dining Room EE - Exercise Equipment Room TPR - Theater TTR - Table Tennis Room</p> <p><i>*Limited Outings based on Driver Availability</i></p>	<p><u>2nd Floor:</u> CB - Cards/Billiards Room LI - Library ORC - Orchard GP/CH - Gathering Place/Chapel</p> <p><u>4th Floor:</u> GK - Garden Kitchen</p> <p><i>Calendar Subject to Change</i></p>	<p>16</p> <p>9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:30pm Fareway Shopping Outing 2:00pm Ladies' Coffee (CR) 6:30pm BINGO (GP/CH)</p>	<p>17</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:00pm Guys, Gals & Pies (ORC) 3:30pm Social Hour (CR)</p>	<p>18</p> <p>*Tilly's Classic Car Show Outing Departs at 9:30am (Oronoco) Call ext. 2000 to sign up!</p> <p>10:00am Men's Coffee (CR)</p> <p>1:00pm Cards: 500 (CB)</p> <p>1:00pm Saturday Movie (TPR) "The Kid"</p>
<p>Nat'l Ice Cream Day 19</p> <p>11:30am Catholic Communion (GP/CH)</p> <p>1:00pm Hand & Foot or Rummikub (CB)</p>	<p>20</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Bible Study (GP/CH) <i>All Are Welcome!</i> 1:00pm Knitting Group (ORC) 1:00pm Cards: 500 (CB) 1:30pm Walmart Shopping Outing 6:30pm Rochester Caledonian Pipe Band (Gazebo Lawn)</p>	<p>21</p> <p>9:30am Pegs & Jokers (CB) 9:30am Chimers (GP/CH) 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 11:30am Downtown Organ Recital Departs 11:30am Call ext.2000 to sign up 1:00pm Farkle (CB) 1:30pm Advocacy Meeting (CR) 3:00pm Chapel with Josh Laack (CVFC) (CH/GP)</p>	<p>22</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Art Corner: Shower Steamers (ORC) 1:00pm Monthly Birthday Party w/ Patrick R (GP/CH) 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)</p>	<p>23</p> <p>9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 2:00pm Ladies' Coffee (CR) 3:00pm All Resident Meeting (GP/CH) 6:30pm BINGO (GP/CH)</p>	<p>24</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 3:30pm Social Hour (CR)</p>	<p>25</p> <p>10:00am Men's Coffee (CR)</p> <p>*Lunch Outing Slippery's Wabasha Departs at 11:00am Call ext. 2000 to sign up!</p> <p>1:00pm Cards: 500 (CB)</p> <p>1:00pm Saturday Movie (TPR) "A Fine Romance"</p> <p>3:00pm US History Trivia (GP/CH)</p>
<p>26</p> <p>11:30am Catholic Communion (GP/CH)</p> <p>1:00pm Hand & Foot or Rummikub (CB)</p>	<p>27</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Bible Study (GP/CH) <i>All Are Welcome!</i> 1:00pm Knitting Group (ORC) 1:00pm Cards: 500 (CB) 1:30pm Hyvee Shopping Outing</p>	<p>28</p> <p>9:30am Pegs & Jokers (CB) 9:30am Chimers (GP/CH) 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 2:00pm Food Committee Meeting (CR) 3:00pm Chapel with Monte French (MCC) (CH/GP)</p>	<p>29</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Art Corner: Dream Sprays (ORC) 1:30pm Elvis Performance with Todd Anderson (GP/CH) 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)</p>	<p>30</p> <p>9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 12:30pm Popcorn and Paino with Sam (GP/CH) 1:30pm Target Shopping Outing 6:30pm BINGO (GP/CH)</p>	<p>31</p> <p>8:30am Live 2 b Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club GK 10:30am Stronger Seniors (Chan. 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 3:30pm Social Hour (CR)</p>	