

The Homestead at Rochester // The Moors Assisted Living

Life Enrichment Calendar

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Homestead at Rochester Volunteers of America NATIONAL SERVICES	CM – Community Room CA – Common Area (AL3) L – Lobby MR – Meditation Room (2nd Fl) PD – Private Dining Room (1st Fl)			** For all outings you must visit the 5530 Concierge Desk to sign up!** **Outing participation is subject to nursing approval		1 1:30pm Caregiver Run Movie (LR) 3:00pm Independent Leisure
Nat'I Friendship Day 2 10:00am Resident Run Online Church Service	3 9:30am Walking Club (L) 10:30am Garden Care (AL1) 12:30pm Art Corner (L) 1:00pm Exercise with Gabby (CM) 2:30pm Community Connections (CA) 3:00pm Faith & Friendship (MR)	4 9:30am Morning Stretches (L) 10:30am Bingo! (L) 12:30 Uno (L) 2:30pm Community Connections (CA) 3:15pm Cookie Baking (L)	5 9:20am Bus to Treasure Island (L) 9:30am Chair Yoga (L) 10:45am Shut the Box! (L) 1:00pm Exercise with Gabby (CM) 2:30pm Community Connections (CA) 3:15pm Chapel with Pastor Floyd (MR)	6 9:00 Manicures with Sierrah (L) 9:30am Coffee with Jayne (L) 1:00pm Bible Reflection Study (PD) 1:00pm Hiwatha Car Show (Gazebo) 2:30pm Community Connections (CA) 3:00pm Scattergories (L)	7 9:30am Finish the Phrase (L) 10:30am Card Making for Mayo (L) 1:00pm Exercise with Gabby (CM) 2:30pm Community Connections (CA) 3:00pm Root Beer Float Making (L)	8 1:30pm Caregiver Run Movie (LR) 3:00pm Independent Leisure
9 10:00am Resident Run Online Church Service	10 9:30am Walking Club (L) 10:30am Garden Care (AL1) 1:00pm Exercise with Gabby (CM) 1:30pm Walmart Shopping Outing (L) 2:30pm Community Connections (CA) 3:00pm Faith & Friendship (MR)	11 9:30am Morning Stretches (L) 10:30am Bingo! (L) 1:00pm Music with Chelsea Lloyd (CM) 2:30pm Community Connections (CA) 3:15pm Calendar Planning Meeting- Open to All (CM)	12 9:30am Sunshine Outdoor Yoga (L) 10:45am Floral Arrangement Activity (L) 1:00pm Exercise with Gabby (CM) 1:30pm Hy-Vee Shopping Outing (L) 2:30pm Community Connections (CA) 3:00pm Happy Hour! (L)	13 9:30am Coffee with Jayne (L) 1:00pm Bible Reflection Study (PD) 1:30pm Fareway Shopping Outing (L) 2:30pm Mexican Train (L) 2:30pm Community Connections (CA) 3:00pm Music with Kim Cote (CM)	14 9:30am Brain Teasers (L) 10:30am Group Picnic Outing (L) 1:00pm Exercise with Gabby (CM) 2:30pm Monthly Birthday Party with Troy F (CM)	15 1:30pm Caregiver Run Movie (LR) 3:00pm Independent Leisure
16 10:00am Resident Run Online Church Service	National NonProfit Day 17 9:30am Walking Club (L) 10:30am Garden Care (AL1) 12:30pm Art Corner (L) 1:00pm Exercise with Gabby (CM) 2:30pm Community Connections (CA) 3:00pm Faith & Friendship (MR)	18 9:30am Morning Stretches (L) 10:30am Bingo! (L) 12:30 Uno (L) 2:00pm Food Committee Meeting- Open to All (CM) 2:30pm Community Connections (CA) 3:15pm Word Association Game (L)	19 9:30am Chair Yoga (L) 10:30am Resident Council Meeting- Open to All (CM) 1:00pm Exercise with Gabby (CM) 2:30pm Community Connections (CA) 3:15pm Chapel with Pastor Floyd (MR)	20 9:00am Manicures with Sierrah (L) 9:30am Coffee with Jayne (L) 1:00pm Bible Reflection Study (PD) 1:30pm Fareway Shopping Outing (L) 2:30pm Mexican Train (L) 2:30pm Community Connections (CA) 3:00pm Music Therapy (MR)	Nat'I Senior Citizen Day 21 9:30am Minnesota Trivia (L) 10:30am Guess the Item in the Mystery Bag (L) 1:00pm Exercise with Gabby (CM) 2:30pm Community Connections (CA) 3:00pm Senior Day Celebration (L)	22 1:30pm Caregiver Run Movie (LR) 3:00pm Independent Leisure
23 10:00am Resident Run Online Church Service	24 9:30am Walking Club (L) 1:00pm Exercise with Gabby (CM) 1:00pm Quarry Hill Wildlife Presentation (CM) 2:30pm Community Connections (CA) 3:00pm Faith & Friendship (MR)	25 9:30am Morning Stretches (L) 10:30am Bingo! (L) 1:00pm Simple Science Demonstration (L) 2:30pm Community Connections (CA) 3:15pm Finish the Proverb (MR) 6:30pm S'more Social (CM Patio)	26 9:30am Balance Exercises (L) 10:45am Minnesota History Hour (L) 1:00pm Exercise with Gabby (CM) 1:30pm Hy-Vee Shopping Outing (L) 2:30pm Community Connections (CA) 3:00pm Music with Mark Milner (CM)	27 9:30am Coffee with Jayne (L) 1:00pm Bible Reflection Study (PD) 2:30pm Mexican Train (L) 2:30pm Community Connections (CA) 3:00pm Patio Picnic (AL1)	28 10:30am Watermelon Social (L) 1:00pm Exercise with Gabby (CM) 2:30pm Community Connections (CA) 3:00pm August Devotionals (MR)	29 1:30pm Caregiver Run Movie (LR) 3:00pm Independent Leisure
30 10:00am Resident Run Online Church Service	31 9:30am Walking Club (L) 10:30am Garden Care (AL1) 1:00pm Exercise with Gabby (CM) 2:30pm Community Connections (CA) 3:00pm Faith & Friendship (MR)					

Calendar Subject to Changes