

Valley Manor Care Center						
Life Enrichment Calendar				July 2026		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are conducted in the following areas: AR - Activity Room DR - Dining Room AK - Activity Kitchen P - Patio (Weather Permitting)	Always Available: • Coloring Pages & Puzzles • Table Games at the Activity Kitchen • Books & Magazines in the Common Area • Movies	Green = Music Entertainment Blue = Social Volunteers	1 9:00 The Coffee Shop (AK) 10:15 Baking: Cheese Tasting (AK) 1:30 Bingo (AR) 3:00 Women's Bible Study with Kim	2 9:00 The Coffee Shop (AK) 10:30 Yoga (AR) 1:30 Uno (AR) 3:15 Women's Bible Study with Kim	3 9:00 Baking: Cake Pops (AK) 10:00 Independence Day Trivia Social (AK) 1:30 Decorating Cake Pops (AK) 3:00 Kickball (AR)	Happy 4th of July! 4 9:00 Coffee and Convos (AK) 10:30 Independence Day Craft 1:30 Patio Music, Games & Ice Cream Sundaes (DH Patio) 3:30 Movie of Choice with Popcorn
5 9:00 Coffee and Convos 10:30 1:1 1:30 Church with Dave (AR) 3:00 Bingo (AR)	6 9:00 The Coffee Shop (AK) 10:00 Food Committee (AR) 1:30 Social with Dave (AR) 3:00 Ed and the Gang (DR) 4:00 Kickball (AR)	7 9:00 The Coffee Shop (AK) 10:00 Stories with Bill (AR) 1:30 Bingo (AR) 3:00 Puzzle Time (AK) 4:00 Trivia (AK)	8 9:00 The Coffee Shop (AK) 10:30 Bible Study with Bob (AR) 1:30 Baking: (AK) 2:30 Harp Ensemble (DR) 3:30 Ribbon Dance (DR)	9 9:00 The Coffee Shop (AK) 10:15 Baking: Cookies (AK) 1:30 Bingo (AR) 3:15 Women's Bible Study with Kim	10 9:00 The Coffee Shop (AK) 10:30 Group Word Search (AR) 1:30 Chair Yoga (AR) 2:00 Music with Paul (DR) 3:30 DIY Cards (AK)	11 9:00 Coffee and Convos 10:30 Documentary: Roy Rogers (AR) 2:00 Scrabble (AR) 3:00 Family Feud (AR)
12 9:00 Coffee and Convos 10:30 Chair Stretching (AR) 1:30 Church with Dave (AR) 3:00 Card Game (AR)	13 9:00 The Coffee Shop (AK) 10:00 Resident Council (AR) 11:00 Word Game (AR) 1:30 Social with Dave(AR) 3:00 Birthday Social with Ed and the Gang (DR) 4:00 Noodle Ball (DR)	14 9:00 The Coffee Shop (AK) 10:00 Stories with Bill (AR) 1:30 Bingo (AR) 3:00 Jewelry Making (AR) 4:00 Word Scramble (AR)	15 9:00 The Coffee Shop (AK) 10:30 Bible Study with Bob (AR) 1:30 Chair Streching (AR) 2:30 Pizza Making (AK) 4:00 Google Hour (AR)	16 9:00 The Coffee Shop (AK) 10:15 Baking: Rice Krispie Bars (AK) 1:30 Chair Yoga (AR) 2:00 Music with Gus (DR) 3:15 Women's Bible Study with Kim	17 9:00 The Coffee Shop (AK) 10:30 Craft Time (AK) 1:30 History of Juneteenth (AR) 2:30 Music with Beth (DR) 3:30 Uno (AR)	18 9:00 Coffee and Convos 10:30 Documentary: Roy Rogers (AR) 2:00 Scrabble (AR) 3:00 Family Feud (AR)
19 9:00 Coffee and Convos 10:30 1:1 1:30 Church with Dave (AR) 3:00 Bingo (AR)	20 9:00 The Coffee Shop (AK) 10:00 Activities Committee (AR) 11:00 Family Feud (AR) 1:30 Social with Dave (AR) 3:00 Ed and the Gang (DR) 4:00 Resident Choice Movie (AR)	21 9:00 The Coffee Shop (AK) 10:00 Stories with Bill (AR) 1:30 Bingo (AR) 3:00 Jewelry Making (AR) 4:00 Word Scramble (AR)	22 9:00 The Coffee Shop (AK) 10:30 Bible Study with Bob (AR) 1:30 Chair Streching (AR) 2:30 Pizza Making (AK) 4:00 Google Hour (AR)	23 9:00 The Coffee Shop (AK) 10:00 Men's Veterans Group 2:00 Music with Paul (DR) 3:15 Women's Bible Study with Kim	24 9:00 The Coffee Shop (AK) 10:30 Craft Time (AK) 1:30 Bingo (AR) 3:30 Rootbeer Float Social (P)	25 9:00 Coffee and Convos 10:30 Documentary: Betty White (AR) 2:00 Music with Tommy and Roberta (DR) 3:30 Patio Time Kickball
26 9:00 Coffee and Convos 10:30 Chair Drumming (AR) 1:30 Church with Dave (AR) 3:00 Card Game (AR)	27 9:00 The Coffee Shop (AK) 10:00 Cornhole (P) 10:45 Uno (AR) 1:30 Social with Dave (AR) 3:00 Ed and the Gang (DR) 4:00 Kickball (AR)	28 9:00 The Coffee Shop (AK) 10:00 Stories with Bill (AR) 1:30 Bingo Store (AR) 3:00 Bingo (AR) 4:00 Trivia (AK)	29 9:00 The Coffee Shop (AK) 10:30 Bible Study with Bob (AR) 1:30 Chair Streching (AR) 2:30 Pizza Making (AK) 4:00 Google Hour (AR)	30 9:00 The Coffee Shop (AK) 10:00 Men's Veterans Group 2:00 Music with Paul (DR) 3:15 Women's Bible Study with Kim	31 9:00 The Coffee Shop (AK) 10:30 Craft Time (AK) 1:30 Bingo (AR) 3:30 Rootbeer Float Social (P)	