

Palmview at Gulf Coast Village // Assisted Living						
Life Enrichment Calendar				September 2026		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OR - Oasis Room YC - Yacht Club CK - Cooking Kitchen CY - Courtyard FL - Front Lobby 2L - 2nd Floor Lanai	<u>Activity Legend</u> Body Community Spiritual Mind Creative Social	1 9:30 BINGO - OR 10:30 Lets have a Ball- OR 11:00 Lunch Outing: Chicago Pizza 1:00 Nail Care/Hand Massage - OR 2:15 Rummikub with Lisa -CK 3:00 Putt Putt- OR	2 9:30 BINGO - OR 10:30 Shuffleboard - YC 1:00 Table Bowling- YC 2:00 7's Card Game - YC 3:00 Hymn Sing - OR	3 9:30 BINGO – OR 10:30 Sit Down Shape Up- OR 1:00 Penny Ante – OR 2:15 Diamond Art- CK	4 9:30 BINGO - Oasis 10:30 Sittercise - Oasis 1:00 Gardening- CKT 1:30 Horseshoes- OR 2:30 Happy Hour Social w Dreams Duet Happy Hour	5 9:30 Chair Fitness – OR 10:00 Canines for Christ- OR 10:30 Shuffleboard- YC 1:00 BINGO - OR 2:10 Card Making w Kitty - OR 3:10 Bridge- YC 6:30 BINGO with Mary - OR
6 9:45 Christian Worship Services- OR 10:30 Sittercise - OR 1:00 Catholic Communion - OR 2:10 Pokeno - OR 3:10 Balloon Volleyball-OR	Labor Day 7 9:30 BINGO - OR 10:30 Sittercise - OR 1:00 Pokeno - CK 2:00 Loaf Cake Social & Live Music w/ Ukelele Ladies	8 9:30 BINGO - OR 10:30 Lets have a Ball- OR 11:00 Lunch Outing: El Tarasco 1:00 Scrabble- OR 2:15 Rummikub with Lisa - CK 3:15 Trivia- OR	9 9:00 *Wal-Mart Shopping Trip* 9:30 BINGO - OR 10:30 Shuffleboard - YC 1:00 Board Games- CK 2:00 Fall Prevention Education w/ Michael Santerre 3:00 Hymn Sing - OR	10 9:30 BINGO - OR 10:30 Sit Down Shape Up- OR 1:00 Penny Ante – OR 1:30 Outing: Love Boat Ice Cream 2:15 Bracelet Making – CK	Patriot Day 11 9:30 BINGO - OR 10:30 Sittercise - OR 1:00 Trivia- OR 1:30 Scrabble- OR 2:30 Happy Hour Social w Bob Greenway- OR Happy Hour	12 9:30 Chair Fitness - OR 10:30 Shuffleboard - YC 1:00 Bingo 2:10 Spinner Dominos - CK 3:00 Bridge
Grandparent’s Day 13 9:45 Christian Worship Services- OR 10:30 Sittercise - OR 1:00 Grandparents Social - HD 1:30 Word Games- CK 2:10 Pokeno - OR 3:10 Balloon Volleyball-OR	ALF WEEK 14 9:30 BINGO – OR 9:30 Manicures w/ Cape Coral Tech Students 10:30 Sittercise – OR 11:30 Outing: Saddlewood Horse Ranch- Sack Lunch provided 1:00 Pokeno - OR 2:30 Cooking w/ Veda Social- CK	ALF WEEK 15 9:30 BINGO - OR 10:30 Lets have a Ball- OR 11:00 Lunch Outing: House of Omelets 1:00 Nail Care/Hand Massage - OR 2:15 Rummikub with Lisa - CK 3:00 Talent Show- OR	ALF WEEK 16 9:30 BINGO - OR 10:30 Shuffleboard – YC 1:00 Karaoke- OR 2:00 Spades Card Game- YC 3:00 Hymn Sing - OR	ALF WEEK 17 9:30 BINGO – OR 10-12 Healing Art w/Leah- OR 10:30 Sit Down Shape Up- OR 11:00 Shopping & Lunch- Bealls 1:00 Penne Ante- OR 2:15 Fall Arts and Crafts- OR 3:30 Crystal Clear Hearing Solutions Audiologist-Room Visits	ALF WEEK 18 9:30 BINGO - OR 10:30 Sittercise - OR 1:00 Cherlatta w/Lot of Love “Fall into Wellness” Seminar 1:30 “I used to be __” Social- OR 2:30 Happy Hour Social w/ Music by Vicki Lei & Monthly Birthday Party Celebration Happy Hour	19 9:30 Chair Fitness - OR 10:30 Shuffleboard- YC 1:00 BINGO - OR 2:10 Card Making w Kitty - OR 3:10 Bridge- CK 6:30 BINGO with Mary - OR
20 9:45 Christian Worship Services- OR 10:30 Sittercise - OR 1:00 Catholic Communion - OR 2:10 Pokeno - OR 3:10 Balloon Volleyball-OR	World Alzheimer’s Day 21 9:30 BINGO - OR 10:30 Sittercise - OR 1:00 Pokeno- OR 2:30 Veggie Social & Live Music w/ George	First Day of Fall 22 9:30 BINGO - OR 10:30 Lets have a Ball- OR 11:00 Lunch Outing: Mels Diner 1:00 Movie w/ Popcorn- OR 2:15 Rummikub with Lisa - CK 3:00 Resident Council Meeting - OR	23 9:30 BINGO - OR 10:30 Shuffleboard - YC 1:00 Dominos- CK- YC 2:00 Dr Paul & Deb Chang- Wellness Seminar- OR 3:00 Hymn Sing - OR	24 9:30 BINGO - OR 10:30 Sit Down Shape Up- OR 11:00 Brotherhood- Lunch & Learn 1:00 Penny Ante – OR 2:15 Painting Suncatchers- CK	25 9:30 BINGO - Oasis 10:30 Sittercise - Oasis 1:00 Trivia- OR 1:30 Scrabble- OR 2:30 Happy Hour Social w/Music by Jennifer Gilmore Happy Hour	26 9:30 Chair Fitness - OR 10:30 Shuffleboard - YC 1:00 Bingo 2:10 Spinner Dominos - CK 3:00 Bridge
27 9:45 Christian Worship Services- OR 10:30 Sittercise - OR 1:00 Trivia- CK 1:30 Word Games- CK 2:10 Pokeno - OR 3:10 Balloon Volleyball-OR	28 9:30 BINGO - OR 10:30 Sittercise - OR 1:00 Pokeno - OR 2:30 Popcorn Social Social & Live Music w/Guitar Boys	National Coffee Day 29 9:30 BINGO - OR 10:30 Lets have a Ball- OR 11:00 Lunch Outing: Pinchers 1:00 Nail Care/Hand Massage - OR 2:15 Rummikub with Lisa - CK 3:00 Putt Putt- OR	30 9:30 BINGO - OR 10:30 Shuffleboard – YC 1:00 Table Bowling- YC 2:00 Board Games- CK 3:00 Hymn Sing - OR	<u>PS Salon & Spa:</u> 1st Floor Salon Thursdays & Fridays: 9am-3pm 2nd Floor Mani/Pedi Tuesdays: 9am-1pm <u>Main Campus Thrift Shop:</u> Tuesdays 10am-2pm Fridays 10am-12pm	HAPPY BIRTHDAY Doris D. 09/01 Patricia A. 09/05 James C. 09/11 Hugh B. 09/12 Ramona M. 09/15 Florence L. 09/26 Herb K. 09/28 Marilyn C. 09/30	 PALMVIEW at GULF COAST VILLAGE Assisted Living & Memory Support

Activities or locations of Activities Subject to Change due to weather, temperature and resident preferences. If you have any concerns or questions, please see Sarah.