

The Cove // Gulf Coast Village						
Life Enrichment Calendar				September 2026		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Location Legend: BW = B Wing PA = Patio DW = D Wing BT = Bus Trip		1 9:30 – Morning Movement (CO) 10:00 – Finish the Story (CO) 11:30 – Prayer Jar (CO) 1:30 – Manicures (CO) 2:00 – Bingo (CO) 3:30 – Hand Massage & Aromatherapy (CO) 4:00 – Singing with Alexis (CO)	2 9:30 – Morning Movement (CO) 10:00 – Picture This (CO) 11:00 – Volleyball (CO) 1:30 – Hymn Sing (CO) 3:00 – Picture Story Telling (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	3 9:30 – Morning Movement (CO) 10:00 – What is That? (CO) 11:30 – Detective Puzzles (CO) 1:30 – Bingo (CO) 3:00 – Manicures (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	4 9:30 – Morning Movement (CO) 10:00 – Stamping Prints (CO) 11:30 – Scenic Montreal (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	5 9:30 – Morning Movement (CO) 1:30 – Volleyball (CO) 3:30 – Cluster Groups (CO) 4:00 – Music Group (CO)
6 10:00 – Morning Movement (CO) 11:00 – Ecumenical Service (Ch 50) 2:00 – Seated Yoga (CO) 3:30 – Afternoon Singing Group (CO)	Labor Day 7 9:30 – Morning Movement (CO) 10:30 – Catholic Service (DW) 11:30 – Getting To Know You (CO) 1:30 – Bingo (CO) 2:30 – Afternoon Stretches (CO) 4:00 – Singing with Alexis (CO)	8 9:30 – Morning Movement (CO) 10:00 – Finish the Story (CO) 11:30 – Prayer Jar (CO) 1:30 – Manicures (CO) 2:00 – Johnny & Patti Revue (CO) 3:30 – Hand Massage & Aromatherapy (CO) 4:00 – Singing with Alexis (CO)	9 9:30 – Morning Movement (CO) 10:00 – Picture This (CO) 11:00 – Group Print Project (CO) 1:30 – Hymn Sing (CO) 3:00 – Story Telling (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	10 9:30 – Morning Movement (CO) 10:00 – Name that Animal (CO) 11:30 – Detective Puzzles (CO) 1:30 – Vintage Jingles and Ads (CO) 3:00 – Manicures (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	Patriot Day 11 9:30 – Morning Movement (CO) 10:00 – Pondering Prompts (PA) 11:30 – Scenic Montreal (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	12 9:30 – Morning Movement (CO) 1:30 – Cornhole Games (CO) 3:30 – Cluster Groups (CO) 4:00 – Music Group (CO)
Grandparent's Day 13 10:00 – Morning Movement (CO) 11:00 – Ecumenical Service (Ch 50) 2:00 – Grandparents Discussion (CO) 3:00 – Lawrence Welk Show (CO)	14 9:30 – Morning Movement (CO) 10:30 – Group Fabric Collage (CO) 11:30 – Scenic Iceland (CO) 1:30 – Choir Rehearsal (CO) 2:30 – Service Club (CO) 4:00 – Singing with Therese (CO)	15 9:30 – Morning Movement (CO) 10:00 – Sound Trivia (CO) 11:30 – Match Up Order Up (CO) 1:30 – Folding & Sorting (CO) 2:00 – Bobby & Doreen Live (CO) 3:30 – Manicures (CO) 4:00 – Singing Group (CO)	16 9:30 – Morning Movement (CO) 10:00 – Fall Floral Arrangement(CO) 11:30 – Scenic Taiwan (CO) 1:30 – Hymn Sing (CO) 3:00 – Bingo (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	17 9:30 – Morning Movement (CO) 10:00 – Gratitude Tree Project (CO) 11:30 – Scenic Tennessee (CO) 1:30 – Color Sorting (CO) 2:00 – Calendar Girls Show (CO) 3:30 – Hand Massage (CO) 4:00 – Music with Alexis (CO)	18 9:30 – Morning Movement (CO) 10:00 – Sewing Basket Group (PA) 11:30 – Remembering 70's Hits (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	19 9:30 – Morning Movement (CO) 1:30 – Horseshoes Game (CO) 3:30 – Cluster Groups (CO) 4:00 – Music Group (CO)
20 10:00 – Morning Movement (CO) 11:00 – Ecumenical Service (Ch 50) 2:00 – Dances of the 50's & 60's (CO) 3:00 – American Bandstand (CO)	World Alzheimer's Day 21 9:30 – Morning Movement (CO) 10:30 – Catholic Service (DW) 11:30 – Scenic Austria (CO) 1:30 – Choir Rehearsal (CO) 2:30 – Service Club (CO) 4:00 – Singing with Alexis (CO)	First Day of Fall 22 9:30 – Morning Movement (CO) 10:00 – Detective Puzzles (CO) 11:30 – Prayer Jar (CO) 1:30 – Folding & Sorting Work (CO) 2:00 – Live Music with Dale (CO) 3:30 – Hand Massage & Aromatherapy (CO) 4:00 – Singing with Alexis (CO)	23 9:30 – Morning Movement (CO) 10:00 – Group Mural (CO) 11:30 – Scenic France (CO) 1:30 – Hymn Sing (CO) 3:00 – Manicures (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	24 9:30 – Morning Movement (CO) 10:00 – Sponge Painting (CO) 11:30 – Scenic Mozambique (CO) 2:00 – Apples & Art Get Together (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	25 9:30 – Morning Movement (CO) 10:00 – Gardening/Nature Group (PA) 11:30 – Match Up (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)	26 9:30 – Morning Movement (CO) 1:30 – Volleyball (CO) 3:30 – Cluster Groups (CO) 4:00 – Music Group (CO)
27 10:00 – Morning Movement (CO) 11:00 – Ecumenical Service (Ch 50) 2:00 – Upper Body Stretches (CO) 3:30 – Guess What I Am Game (CO)	28 9:30 – Morning Movement (CO) 10:00 – Fall Décor Painting (CO) 11:30 – Scenic Illinois (CO) 1:30 – Choir Rehearsal (CO) 2:30 – Service Club (CO) 4:00 – Music with Therese (CO)	National Coffee Day 29 9:30 – Morning Movement (CO) 10:00 – Letter Games (CO) 11:30 – Prayer Jar (CO) 1:30 – Folding & Sorting (CO) 2:00 – Live Music with Cheri & Neil (CO) 3:30 – Hand Massages (CO) 4:00 – Singing with Alexis (CO)	30 9:30 – Morning Movement (CO) 10:00 – Cooking Group (CO) 11:30 – Scenic Belgium (CO) 1:30 – Hymn Sing (CO) 3:00 – Manicures (CO) 3:30 – Hand Massage (CO) 4:00 – Singing Group (CO)		*Pet Visits with Rosie Tuesdays @ 10:00am *Pet Visits with Rocky Wednesdays @ 10:00am *Catholic Mass Sundays Channel 219	

Calendar Subject to Changes