

The Homestead at Rochester // The Legacy Independent Living

Life Enrichment Calendar

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st Floor: AR - Aerobic Room CR - Club Room DR - Dining Room EE - Exercise Equipment Room TPR - Theater TTR - Table Tennis Room <i>*Limited Outings based on Driver Availability</i>	2nd Floor: CB - Cards/Billiards Room LI - Library ORC - Orchard GP/CH - Gathering Place/Chapel 4th Floor: GK - Garden Kitchen <i>Calendar Subject to Change</i>	1 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 1:30pm Trader Joes Shopping 3:00pm Chapel with Andy Pronsati (CH/GP) 6:30pm BINGO (GP/CH)	2 8:30am Live 2 B Healthy (AR) 9:20am Bus to Treasure Island 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Art Corner: Paint Candles (ORC) 10:30am Stronger Seniors (Chan. 2493) 1:00pm Putt Putt Golf (Bridge) 2:00pm Ladies' Coffee (CR) 3:00pm Activity Planning Meeting (GP/CH) 6:00pm Cards: Euchre (CB)	3 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:00pm Zumbro Lutheran Church (GP/CH) 2:00pm Ladies' Coffee (CR) 6:00pm Rochester Caledonian Pipe Band History (GP/CH)	4 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:30pm Friday Movie Series: Doc Martin (TPR) 3:30pm Social Hour (CR)	5 10:00am Men's Coffee (CR) 1:00pm Cards: 500 (CB) Saturday Movie 10:00am Saturday Movie (TPR) "Pollyanna" 1:00pm Saturday Movie (TPR) "Pollyanna"
6 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)	Labor Day 7 9:30am Strength & Balance (AR) (TTR) 10:00am Men's Coffee (CR) 10:30am Bible Study (GP/CH) <i>All Are Welcome!</i> 1:00pm Knitting Group (ORC) 1:00pm 500 (CB)	8 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 9:30am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 1:30pm Hy-Vee Shopping 3:00pm Chapel with Linda Hellberg (BLC) (CH/GP) 6:30pm BINGO (GP/CH)	9 8:30am Live 2 B Healthy (AR) Mississippi River Cruise Departs at 9:00am Must be signed up 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)	10 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:30pm Fareway Shopping Outing (GP/CH) 2:00pm UCC Congregational (GP/CH) 2:00pm Ladies' Coffee (CR)	Patriot Day 11 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 9:30am Mayoral Candidate Joe Powers Question and Answer (GP/CH) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:30pm Friday Movie Series: Doc Martin (TPR) 3:30pm Social Hour (CR)	12 10:00am Men's Coffee (CR) *Lunch Outing Kellys Lake House (Lake City) Departs at 11:00am Call ext. 2000 to sign up! 1:00pm Cards: 500 (CB) Saturday Movie 10:00am Saturday Movie (TPR) "Legally Blonde" 1:00pm Saturday Movie (TPR) "Legally Blonde"
Grandparent's Day 13 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB) 3:15pm Vikings Watch Party (TPR) Call ext. 2000 to sign up!	14 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Homestead Ladies Bible Study: Non-Denominational (GK) 10:30am Stronger Seniors (Chan. 2493) 10:30am Bible Study (GP/CH) <i>All Are Welcome!</i> 1:00pm Knitting Group (ORC) 1:00pm Cards: 500 (CB)	15 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 9:30am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Alzheimer's Gift Sale (Lobby) 1:00pm Farkle (CB) 1:30pm Advocacy Meeting (CR) 3:00pm Chapel with Josh Laack (CVFC) (CH/GP) 6:30pm BINGO (GP/CH)	16 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Ambassador Meeting (GP/CH) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Chan. 2493) 10:30am Art Corner: Paper Doll Selfies (ORC) 1:00pm Paint & Sip with Gutsy Artist (GP/CH) Call ext. 2000 to sign up! 2:00pm Women's Coffee (CR) 6:00pm Cards: Euchre (CB)	 The Homestead at Rochester  Volunteers of America® NATIONAL SERVICES		

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20 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB) 3:30pm Depart for Festival of Music Featuring: Brenda Portman at First Presbyterian Church Call ext. 2000 to sign up	World Alzheimer's Day 21 8:30am Live 2 B Healthy (AR) 9:30am Depart for 125 Live- Rochester Clinic Presents Brain Health Series: Call ext. 2000 to sign up 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Bible Study (GP/CH) All Are Welcome! 1:00pm Knitting Group (ORC) 1:00pm Guest Speaker- Ken Allsen "History of Sisters of St. Frances" (GP/CH)	First Day of Fall 22 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 9:30am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 1:30pm Hy-Vee Shopping 2:00pm Food Committee Meeting (CR) 3:00pm Chapel with Monte French (MRCC) (GP/CH) 6:30pm BINGO (GP/CH)	23 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Chan. 2493) 10:30am Art Corner: Hummingbird Charms (ORC) 1:00pm Monthly Birthday Party with Gary F (GP/CH) 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)	24 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 3:00pm All Resident Meeting (GP/CH)	25 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Chan. 2493) 10:30am Disco Bingo with Jayne (GP/CH) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:30pm Friday Movie Series: Doc Martin (TPR) 3:30pm Social Hour (CR)	26 9:15am Walk to End Alzheimer's Saint Mary's University Campus Call ext. 2000 to sign up 10:00am Men's Coffee (CR) 1:00pm Cards: 500 (CB) Saturday Movie 10:00am Saturday Movie (TPR) "Kindergarten Cop" 1:00pm Saturday Movie (TPR) "Kindergarten Cop"
27 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)	28 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel2493) 10:00am Men's Coffee (CR) 10:30am Gloria Dei Homestead Huddle (ORC) 10:30am Stronger Seniors (Chan 2493) 10:30am Bible Study (GP/CH) All Are Welcome! 1:00pm Knitting Group (ORC) 1:00pm Cards: 500 (CB) 1:30pm Target Shopping	National Coffee Day 29 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 9:30am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 3:00pm Chapel with Bob Keith (CH/GP) 6:30pm BINGO (GP/CH)	30 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Art Corner: Patches (ORC) 10:30am Stronger Seniors (Chan. 2493) 1:30pm Music with Bill C (GP/CH) 2:00pm Ladies' Coffee (CR) 6:00pm Cards: Euchre (CB)		The Homestead at Rochester  Volunteers of America® NATIONAL SERVICES	