

The Homestead at Rochester // The Moors Assisted Living

Life Enrichment Calendar

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CM – Community Room CA – Common Area (AL3) L – Lobby MR – Meditation Room (2 nd Fl) PD – Private Dining Room (1 st Fl)		1 9:30am - Coffee with Jayne (L) 1:30pm - Bingo! (L) 1:30pm - Trader Joe's Shopping Outing (L) 2:30pm - Community Connections (CA) 3:00pm - This Month in History (MR)	2 9:20am - Bus to Treasure Island (L) 10:30am - Exercise with Gabby (L) 2:00pm - Mini Golf (Gazebo) 2:30pm - Community Connections (CA) 3:00pm - Happy Hour (L)	3 10:30am – Morning Card Games 1:00pm - Bible Reflection Study (PD) 2:30pm - Community Connections (CA) 3:00pm - Birdhouse Painting (L)	4 10:30am - Exercise with Gabby (L) 1:00pm - Card Making for Mayo (L) 2:30pm - Community Connections (CA) 3:00pm - Movie Matinee: Showing (MR)	5 1:30pm - Caregiver Run Movie (MR) 3:00pm - Independent Leisure
6 10:00am - Resident Run Online Church Service	Labor Day 7 Independent Leisure Activities: Board, Dice and Card Games Reminiscing with Caregivers Patio Social Music Listening Coloring	8 9:30am - Coffee with Jayne (L) 1:30pm - Bingo! (L) 1:30pm - Hy-Vee Shopping Outing 2:30pm - Community Connections (CA) 3:00pm - Patio Social and Share a Moment Game	9 8:45am - Mississippi River Cruise! *Must be signed up to attend! 10:30am - Exercise with Gabby (L) 2:30pm - Community Connections (CA)	10 10:30am – Coffee and Patio Chats (AL1) 1:00pm - Bible Reflection Study (PD) 1:30pm - Fareway Shopping Outing (L) 2:30pm - Community Connections (CA)	Patriot Day 11 10:00am - Remembering 9/11: Storytime & Reflection (L) 10:30am - Exercise with Gabby (L) 1:30pm - Music with Harriett & Friends (CM) 2:30pm - Community Connections (CA)	12 1:30pm - Caregiver Run Movie (MR) 2:15pm - Mexican Train (L)
Grandparent's Day 13 10:00am - Resident Run Online Church Service 3:25pm - Minnesota Vikings vs Green Bay Season Opener Watch Party! (Legacy Movie Theater)	14 10:00am - Garden Care (AL1) 10:30am - Exercise with Gabby (L) 2:30pm - Community Connections (CA) 3:00pm - Faith & Friendship (MR)	15 9:30am - Coffee with Jayne (L) 1:00pm - Bingo! (L) 2:00pm - Food Committee Meeting- Open to All (CM) 2:30pm - Community Connections (CA)	16 10:30am - Exercise with Gabby (L) 10:30am - Resident Council Meeting (CM) 2:30pm - Community Connections (CA) 3:15pm - Chapel with Pastor Floyd (MR)	17 10:30am - Odd One Out Game (L) 1:00pm - Bible Reflection Study (PD) 1:30pm - Barnes & Noble Shopping (L) 2:30pm - Community Connections (CA) 3:00pm - Music Therapy (MR)	18 10:00am - Campus Alzheimer's Walk Event (TBD) 10:30am - Exercise with Gabby (L) 1:00pm – Monthly Birthday Party with Bill C (CM) 2:30pm - Community Connections (CA) 3:00pm - Watercolor Painting (L)	19 1:30pm - Caregiver Run Movie (MR) 3:00pm - Independent Leisure
20 10:00am - Resident Run Online Church Service 12:00pm - Minnesota Vikings vs Chicago Bears Showing (AL2)	World Alzheimer's Day 21 9:30am - Field Trip to 125 Live for Rochester Clinic's Brain Health Series (Sign up) 10:30am - Exercise with Gabby (L) 2:30pm - Community Connections (CA) 3:00pm - Faith & Friendship (MR)	First Day of Fall 22 9:30am - Coffee with Jayne (L) 1:03pm - Bingo! (L) 2:30pm - Community Connections (CA) 3:00pm - Apple Themed Social (L)	23 10:30am - Exercise with Gabby (L) 2:30pm - Community Connections (CA) 3:30pm – Music with Gary Froiland (CM) 5:30pm - Music with Niny Salem (CM)	24 10:30am - What Did It Cost Game (L) 1:00pm - Bible Reflection Study (PD) 2:30pm - Community Connections (CA) 3:00pm - Scattergories (L)	25 10:00am - Card Making for Mayo (L) 10:30am - Exercise with Gabby (L) 2:30pm - Community Connections (CA) 3:00pm - Name That Tune! (L)	26 8:00am - Walk to End Alzheimer's Walk @ St. Mary's Campus! 1:30pm - Caregiver Run Movie (MR)
27 10:00am - Resident Run Online Church Service 3:05pm - Minnesota Vikings vs Tampa Bay Buccaneers Showing (AL2)	28 10:00am - Walking Club (Around Campus Pond) 10:30am - Exercise with Gabby (L) 1:30pm - Target Shopping Outing 2:30pm - Community Connections (CA) 3:00pm - Faith & Friendship (MR)	National Coffee Day 29 9:30am - Coffee with Jayne (L) 1:30pm - Bingo! (L) 2:30pm - Community Connections (CA) 3:00pm - Wii Sports Game (MR)	30 10:30am - Exercise with Gabby (L) 2:30pm - Community Connections (CA) 3:00pm - Resident 1:1's 6:30pm - Campfire Cookout Social (CM Patio)	** For all outings you must visit the 5530 Concierge Desk to sign up!** **Outing participation is subject to nursing approval		
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Calendar Subject to Changes