

The Homestead at Rochester // The Moors Memory Care

Life Enrichment Calendar

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1 10:00am – Social with Katya and Sveta 12:30pm – Bingo! 2:00pm – Golf Cart Rides 3:00pm – Storytelling	2 10:30am – Exercise with Gabby (L) 12:30pm – Hand Massages 2:00pm – Putt Putt Golf at the Bridge 3:00pm – Happy Hour (L)	3 10:00am – Garden Tending 1:00pm – Reflection Bible Study with Mount Olive Lutheran Church 2:30pm – Cookies & Coffee Social 3:30pm – Mexican Train	4 10:30am – Exercise with Gabby (L) 1:00pm – Sing a Long’s 2:15pm – Devotions with Pastor Tim (MR) 3:00pm – Patio Gathering and Cards	5 Independent Leisure Activities: Card Games Reminiscing with Caregivers Coloring	
	6 Independent Leisure Activities Music and Lunch – 50’s Classics	Labor Day 7 Independent Leisure Activities: Board, Dice and Card Games Reminiscing with Caregivers Patio Social Music Listening Coloring	8 10:00am – Storytelling and Coffee 12:30pm – Bingo! 2:00pm – Golf Cart Rides 3:00pm – Patio Gathering and Malts	9 10:30am – Exercise with Gabby (L) 12:30pm – Hand Massages 2:30pm – Shut the Box Game 3:30pm – Music and Coloring	10 10:00am – Garden Tending 1:00pm – Reflection Bible Study with Mount Olive Lutheran Church 2:30pm – Watermelon Social 3:30pm – Connect 4	Patriot Day 11 10:30am – Exercise with Gabby (L) 1:30pm – Music with Harriett and Friends (CM) 2:15pm – Devotions with Pastor Tim (MR) 3:00pm – Resident Of the Month Celebration	12 9:30am – Resident 1:1’s with Activity Staff Independent Leisure Activities: Card Games Reminiscing with Caregivers Coloring
	Grandparent’s Day 13 Independent Leisure Activities Music and Lunch – Frank Sinatra	14 10:30am – Exercise with Gabby (L) 12:30pm – Golf Cart Rides 2:00pm – Movie Monday 3:30pm – Flower Bouquet Making	15 10:00am – Tie Dye Shirts with Katya and Sveta 1:00pm – Coloring and Music 2:00pm – Food Committee Meeting (CM) 3:00pm – Patio Gathering with Lemonade	16 10:30am – Exercise with Gabby (L) 10:30am – Resident Council Meeting (CM) 12:30pm – Hand Massages and Manicures 3:15pm – Chapel with Pastor Floyd (MR)	17 10:00am – Morning Coffee and Chats 1:00pm – Reflection Bible Study with Mount Olive Lutheran Church 1:30pm – Memory Café 3:00pm – Music Therapy	18 10:00am – Campus Alzheimer’s Walk Event 10:30am – Exercise with Gabby (L) 1:00pm – Monthly Birthday Party with Bill C (CM) 2:15pm – Devotions with Pastor Tim (MR)	19 9:30am – Resident 1:1’s with Activity Staff Independent Leisure Activities: Card Games Reminiscing with Caregivers Coloring
	20 Independent Leisure Activities Music and Lunch – Movie Classics	World Alzheimer’s Day 21 10:30am – Exercise with Gabby (L) 11:00am – Golf Cart Rides 2:00pm – World Alzheimer’s Day Group Craft 4:00pm – National Geographic Showing	First Day of Fall 22 10:00am – Storytelling and Coffee Social 11:00am – Sing-a-Longs 1:00pm – Fall Dream Catcher Craft 3:30pm – Patio Gathering and Apple Cider	23 10:30am – Exercise with Gabby (L) 12:30pm – Hand Massages and Manicures 2:30pm – Group Puzzle 5:30pm – Music with Niny Salem (CM)	24 10:00am – Morning Coffee and Chats 1:00pm – Reflection Bible Study with Mount Olive Lutheran Church 2:00pm – Pond Walks 3:00pm – Music and Coloring	25 10:30am – Exercise with Gabby (L) 1:00pm – Susie Q Sing-a-Longs 2:15pm – Devotions with Pastor Tim (MR) 3:30pm - Fall Favorites Game	26 9:30am – Resident 1:1’s with Activity Staff Independent Leisure Activities: Card Games Reminiscing with Caregivers Coloring
	27 Independent Leisure Activities Music and Lunch – The Beatles	28 10:30am – Exercise with Gabby (L) 12:30pm – Golf Cart Rides 2:00pm – Movie Monday 3:30pm – Balloon Baseball	National Coffee Day 29 10:00am – Social with Katya and Sveta 11:00am – Susie Q Sing-a-Longs 1:30pm – Coffee and Storytime 3:00pm – Patio Gathering	30 10:30am – Exercise with Gabby (L) 12:30pm – Hand Massages and Manicures 2:30pm – Share A Moment Game 3:30pm – Music with The Singing Cowgirl (CM)	CM – Community Room L – Lobby MR – Meditation Room PD – Private Dinning Room   Volunteers of America  NATIONAL SERVICES		

Calendar Subject to Changes