

# The Homestead at Montrose // Assisted Living

## Life Enrichment Calendar

# October 2026

| Sunday                                                                                                                                                                                                                                                                            | Monday                                                                                                                                                       | Tuesday                                                                                                                                              | Wednesday                                                                                                                                 | Thursday                                                                                                                                                                                                                                          | Friday                                                                                                                                                                | Saturday                                                                                                                                                                  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>The Homestead<br/>at Montrose</div> <div>Volunteers<br/>of America®</div> <div>NATIONAL<br/>SERVICES</div> |                                                                                                                                                              |                                                                                                                                                      |                                                        | <div>1</div> <div>9:00 Conversations with Bill<br/>10:00 Exercise<br/>10:30 Bingo<br/>1:30 Wheel of Fortune<br/>&amp; Family Feud<br/>3:00 Back Patio Conversations</div>                                                                         | <div>World Smile Day 2</div> <div>10:00 Exercise<br/>10:45 Reading with Karen<br/>1:30 Play Board Games<br/>3:00 Happy Hour</div>                                     | <div>3</div> <div>10:30 Bingo<br/>1:00 Basketball Hoops<br/>1:30 Play Pokeno<br/>2:30 Matinee: “9 To 5”<br/>(Netflix)</div>                                               |
| <div>4</div> <div>10:30 Church Hymns<br/>11:00 Sunday Worship<br/>1:30 Nat, Park Trivia &amp; Travel<br/>2:30 “Little House on the Prairie”<br/>Episode 7 (Netflix)</div>                                                                                                         | <div>5</div> <div>10:00 Exercise<br/>10:45 Good News &amp; Current Events<br/>1:30 Share &amp; Tell Reminiscing<br/>3:00 Back Patio Conversations</div>      | <div>6</div> <div>10:00 Exercise<br/>10:30 Bible Study<br/>1:30 Bingo<br/>3:30 Travel Adventure</div>                                                | <div>7</div> <div>10:00 Play the Game of Life<br/>1:00 Church Service<br/>1:30 Decorate for Halloween<br/>3:30 Pet Visit with Molly</div> | <div>8</div> <div>9:00 Conversations with Bill<br/>10:00 Exercise<br/>10:30 Bingo<br/>2:00 Staff Meeting<br/>4:00 Harp Music with Jim</div>                                                                                                       | <div>9</div> <div>10:00 Exercise<br/>10:45 Good News &amp; Current Events<br/>1:30 Trivia<br/>3:00 Happy Hour</div>                                                   | <div>World Mental Health Day 10</div> <div>10:30 Bingo<br/>1:00 Basketball Hoops<br/>1:30 Dice Games<br/>2:30 Matinee: “Steel Magnolias”<br/>(Netflix)</div>              |
| <div>11</div> <div>10:30 Church Hymns<br/>11:00 Sunday Worship<br/>1:30 Live Music with George &amp; Lynn<br/>2:30 Play Yahtzee!</div>                                                                                                                                            | <div>12</div> <div>10:00 Exercise<br/>10:45 Play Rummy<br/>1:30 Pretty Nails<br/>2:30 Paul Chamberlain Music</div>                                           | <div>13</div> <div>10:00 Exercise<br/>10:30 Bible Study<br/>1:00 Dishing with Dietary<br/>1:30 Bingo<br/>3:00 Trivia<br/>3:30 Travel Adventure</div> | <div>14</div> <div>10:00 Play the Game Clue<br/>1:00 Church Service<br/>1:30 Library Craft<br/>3:30 Play Card Games</div>                 | <div>Nat’l I Love Lucy Day 15</div> <div>9:00 Conversations with Bill<br/>10:00 Exercise<br/>10:30 Bingo<br/>2:00 Assisted Living Resident<br/>Council Meeting<br/>2:45 Social Gathering:<br/>Apple Cider &amp; Donuts<br/>All are Welcome!</div> | <div>16</div> <div>10:00 Exercise<br/>10:45 Name 5 &amp; “Everybody<br/>Knows” Trivia<br/>1:00 Beth Williams Music<br/>3:00 Happy Hour</div>                          | <div>National Pasta Day 17</div> <div>10:30 Bingo<br/>1:00 Basketball Hoops<br/>1:30 Trivia &amp; Card Games<br/>2:30 Matinee: “Sleepless in Seattle”<br/>(Netflix)</div> |
| <div>18</div> <div>10:30 Church Hymns<br/>11:00 Sunday Worship<br/>1:30 Play Apples to Apples<br/>2:30 “Little House on the Prairie”<br/>Episode 8 (Netflix)</div>                                                                                                                | <div>19</div> <div>10:00 Exercise<br/>10:45 Help Your Neighbor<br/>Card Game<br/>1:30 Pictionary &amp;<br/>“Would You Rather”<br/>2:30 Play Card Games</div> | <div>20</div> <div>10:00 Exercise<br/>10:30 Bible Study<br/>1:30 Bingo<br/>3:00 Trivia<br/>3:30 Travel Adventure</div>                               | <div>21</div> <div>10:00 Play Monopoly<br/>1:00 Church Service<br/>1:30 Craft: Decorate Pumpkins<br/>3:30 Halloween Family Feud</div>     | <div>22</div> <div>9:00 Conversations with Bill<br/>10:00 Exercise<br/>10:30 Bingo<br/>3:00 -4:00 Assisted Living<br/>Resident Family Meeting<br/>4:00 Harp Music with Jim</div>                                                                  | <div>23</div> <div>10:00 Exercise<br/>10:45 Play Yahtzee!<br/>1:30 Trivia<br/>3:00 October Birthday Party</div>                                                       | <div>24</div> <div>10:30 Bingo<br/>1:00 Basketball Hoops<br/>1:30 Nat. Park Trivia &amp; Travel<br/>2:30 Matinee: “You Got Mail”</div>                                    |
| <div>25</div> <div>10:30 Church Hymns<br/>11:00 Sunday Worship<br/>1:30 Live Music with George &amp; Lynn<br/>2:30 Play Penny Ante &amp;<br/>“Never Have I Ever” game</div>                                                                                                       | <div>Nat’l Pumpkin Day 26</div> <div>10:00 Exercise<br/>10:45 Kings on the Corner<br/>1:30 Pretty Nails<br/>2:30 Paul Chamberlain Music</div>                | <div>27</div> <div>10:00 Exercise<br/>10:30 Bible Study<br/>1:30 Bingo<br/>3:00 Trivia<br/>3:30 Documentary:<br/>Colorado Experience</div>           | <div>28</div> <div>10:00 Sculpting with Clay<br/>1:00 Church Service<br/>1:30 Craft<br/>2:30 Harp Ensemble</div>                          | <div>29</div> <div>9:00 Conversations with Bill<br/>10:00 Exercise<br/>10:30 Bingo<br/>1:30 Play Dominoes<br/>2:30 Category Call Out</div>                                                                                                        | <div>Nat’l Candy Corn Day 30</div> <div>10:00 Exercise<br/>10:45 Play Apples to Apples<br/>2:00-4:00 Trick-or-Treaters<br/>In the Lobby<br/>Wear your Costumes!</div> | <div>Happy Halloween! 31</div> <div>10:30 Bingo<br/>1:30 Halloween Trivia<br/>&amp; Halloween Left Right Game<br/>2:30 Matinee: “Ghostbusters”<br/>(Netflix)</div>        |

Calendar Subject to Changes