

The Homestead at Rochester // The Legacy Independent Living

Life Enrichment Calendar

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Homestead at Rochester Volunteers of America® NATIONAL SERVICES		1st Floor: AR - Aerobic Room CR - Club Room DR - Dining Room EE - Exercise Equipment Room TPR - Theater TTR - Table Tennis Room <i>*Limited Outings based on Driver Availability</i>	2nd Floor: CB - Cards/Billiards Room LI - Library ORC - Orchard GP/CH - Gathering Place/Chapel 4th Floor: GK - Garden Kitchen <i>Calendar Subject to Change</i>	1 9:00am Depart for National Eagle Center (Wabasha) <i>Call Ext. 2000 To Sign Up</i> 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:00pm Zumbro Lutheran Church (GP/CH) 2:00pm Women's Coffee (CR)	2 World Smile Day 8:30am Live 2 B Healthy (AR) 9:00am Mahjong Series with Midwest Mahjong (ORC) <i>Must Be Signed Up</i> 9:30am Strength & Balance (AR)(TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Channel 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:30pm Friday TV Series: "Doc Martin" (TPR) 3:30pm Social Hour (CR) 3:30pm Depart for St. Micheal Fish Fry (Pine Island) \$15 <i>Call Ext. 2000 To Sign Up</i>	3 10:00am Men's Coffee (CR) 10:00am Saturday Movie: "Alan & Naomi" (TPR) 1:00pm Cards: 500 (CB) 1:00pm Saturday Movie: "Alan & Naomi" (TPR)
4 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)	5 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 10:00am Men's Coffee (CR) 10:30am Bible Study (GP/CH) <i>All Are Welcome!</i> 1:00pm General Election Voting (GP/CH) 1:00pm Knitting Group (ORC) 1:00pm 500 (CB) 3:00pm Greeting Card Making (ORC) 7:00pm Music with Rochester Big Band (GP/CH)	6 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 9:30am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 1:30pm Hy-Vee Shopping 1:30pm Music with Bill C (GP/CH) 3:00pm Chapel with Andy Pronsati (CH/GP) 6:30pm BINGO (GP/CH)	7 8:30am Live 2 B Healthy (AR) 8:30am Depart for Chanhassen Dinner Theater - Must Be Signed Up 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Chan. 2493) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Channel 2493) 2:00pm Women's Coffee (CR) 6:00pm Cards: Euchre (CB)	8 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:30pm Fareway Shopping Outing 2:00pm UCC Congregational (GP/CH) 2:00pm Women's Coffee (CR)	9 8:30am Live 2 B Healthy (AR) 9:00am Mahjong Series with Midwest Mahjong (ORC) <i>Must Be Signed Up</i> 9:30am Strength & Balance (AR)(TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Depart for Rummage Sale at Bethel Lutheran 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Stronger Seniors (Channel 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:30pm Friday TV Series: "Doc Martin" (TPR) 3:30pm Social Hour (CR)	10 World Mental Health Day 10:00am Men's Coffee (CR) 10:00am Saturday Movie: "The Help" (TPR) 1:00pm Cards: 500 (CB) 1:00pm Saturday Movie: "The Help" (TPR)
11 11:30am Catholic Communion (GP/CH) 1:00pm Hand & Foot or Rummikub (CB)	12 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Chan. 2493) 10:00am Men's Coffee (CR) 10:30am Homestead Ladies Bible Study: Non-Denominational (GK) 10:30am Stronger Seniors (Channel 2493) 10:30am Bible Study (GP/CH) <i>All Are Welcome!</i> 1:00pm Knitting Group (ORC) Cards: 500 (CB) 3:00pm Music with Charlie Roth (GP/CH)	13 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 9:30am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 1:30pm Trader Joes Shopping 3:00pm Chapel with Linda Hellberg (BLC) (CH/GP) 6:30pm BINGO (GP/CH)	14 8:30am Live 2 B Healthy (AR) 9:20am Bus to Treasure Island 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Chan. 2493) 10:00am Men's Coffee (CR) 10:30am Exercise (Chan. 2493) 10:30am Art Corner: Ghost Bag Tags (ORC) 1:30pm Oktoberfest Party with Ryan C. (GP/CH) 2:00pm Women's Coffee (CR) 6:00pm Cards: Euchre (CB)			

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		20 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 9:30am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 1:30pm Hy-Vee Shopping 1:30pm Advocacy Meeting (GP/CH) 3:00pm Chapel with Josh Laack (CVFC) (CH/GP) 6:30pm BINGO (GP/CH)	21 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 9:30am Ambassador's Meeting (GP/CH) 10:00am Men's Coffee (CR) 10:30am Stronger Seniors (Channel 2493) 10:30am Guest Speaker: Officer Arendt's - "Preventing Scams & Fraud" (GP/CH) 2:00pm Women's Coffee (CR) 6:00pm Cards: Euchre (CB)	22 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Music with Rochester's Opera Group (GP/CH) 1:00pm Mexican Train (ORC) 1:30pm Fareway Shopping 2:00pm Women's Coffee (CR) 3:00pm All Resident Meeting (GP/CH) 4:30pm Depart for St. John's Lutheran Church Lutefisk & Meatball Dinner (\$26 Pay @ Church) <i>Call Ext. 2000 To Sign Up</i>	23 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR)(TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Morning Jam's with Colby (GP/CH) 10:30am Stronger Seniors (Channel 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:30pm Friday TV Series: "Doc Martin" (TPR) 3:30pm Social Hour (CR)	24 10:00am Men's Coffee (CR) 10:00am Saturday Movie: "Argo" (TPR) 11:00am Depart for *Lunch Outing VFW (Rochester) <i>Call Ext. 2000 To Sign Up!</i> 1:00pm Cards: 500 (CB) 1:00pm Saturday Movie: "Argo" (TPR)
		27 9:30am Pegs & Jokers (CB) 9:30am Yoga (Channel 2493) 9:30am Chimers (GP/CH) 10:00am Men's Coffee (CR) 10:00am Walking Group (Meet by Front Desk) 1:00pm Farkle (CB) 1:00pm Monthly Birthday Party with RochBottom MN (GP/CH) 2:00pm Food Committee Meeting (CR) 3:00pm Chapel with Monte French (MRCC) (GP/CH) 6:30pm BINGO (GP/CH)	28 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR) (TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Art Corner: Scarecrow Face Craft (ORC) 10:30am Stronger Seniors (Channel 2493) 2:00pm Women's Coffee (CR) 6:00pm Cards: Euchre (CB)	29 9:30am Yoga (Channel 2493) 10:00am Men's Coffee (CR) 10:30am Catholic Communion Service (GP/CH) 10:00am Walking Group (Meet by Front Desk) 1:00pm Cards: Cribbage (CB) 1:00pm Mexican Train (ORC) 1:30pm Walmart Shopping 2:00pm Women's Coffee (CR) 3:00pm New Resident Social (ORC)	30 Nat'l Candy Corn Day 8:30am Live 2 B Healthy (AR) 9:30am Strength & Balance (AR)(TTR) 9:30am Sit & Be Fit (Channel 2493) 10:00am Men's Coffee (CR) 10:15am Quilting Club (GK) 10:30am Guest Speaker: Dr. Levi Curran - "Your Body is Not Made of Glass" GP/CH) 10:30am Stronger Seniors (Channel 2493) 1:00pm Book Club (ORC) 1:00pm Cards: Bridge (CB) 2:30pm Friday TV Series: "Doc Martin" (TPR) 3:00-5:00pm Halloween Party (DR) <i>Call Ext. 2000 To Sign Up</i>	31 Happy Halloween! 10:00am Men's Coffee (CR) 10:00am Saturday Movie: "Stepmom" (TPR) 1:00pm Cards: 500 (CB) 1:00pm Saturday Movie: "Stepmom" (TPR)