

Rochester Rehab & Living Center Life Enrichment Calendar October 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rochester Rehabilitation and Living Center 	Activities are held in the Prairie Dining Room unless otherwise noted on the calendar. **Outing participation is subject to nursing approval.	R1LV = Rehab 1 Living Room R2DR = Rehab 2 Dining Room GP = Gathering Place PLV = Prairie Living Room PP = Prairie Patio ML = Main Lobby		10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 2:00pm Resident Led Activities: Board, Dice and Card Games	World Smile Day 10:00am Major the Dog Pet Visit 1:30pm Fun Facts & Trivia 2:30pm Bingo 7:00pm PBS TV Programming: Almanac (PLV)	10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 12:30pm Word Games 2:00pm Resident Led Activities: Board, Dice and Card Games
4 10:00am Independent Online Church Services 2:00pm Resident Led Activities: Board, Dice and Card Games 7:00pm PBS TV programming: Nature (PLV)	5 10:00am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 2:30pm Movie Monday (R1LV) 7:00pm PBS TV Programming: Antiques Roadshow (PLV)	6 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:00pm Resident Activity Planning & Calendar Review 3:30pm Bingo	7 10:00am Fun Facts & Trivia 11:00am Adult Coloring 1:00pm Chair Yoga (PLV) 3:00pm Music with Elderly Brothers (R2DR) 5:00pm Wednesday Word Puzzles	8 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 3:00pm Resident Led Activities: Board, Dice and Card Games	9 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 2:30pm Bingo 7:00pm PBS TV Programming: Almanac (PLV)	World Mental Health Day 10 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 12:30pm Crafts 2:00pm Resident Led Activities: Board, Dice and Card Games
11 10:00am Independent Online Church Services 2:00pm Resident Led Activities: Board, Dice and Card Games 7:00pm PBS TV programming: Nature (PLV)	12 10:00am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 1:30pm Music with Charlie Roth (R2DR) 3:00pm Tabletop Games 7:00pm PBS TV Programming: Antiques Roadshow (PLV)	13 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:00pm Resident Food Committee Meeting (GP) 3:30pm Bingo	14 10:00am Fun Facts & Trivia 11:00am Nail Polish and Hand Massages 1:00pm Chair Yoga (PLV) 2:30pm Chapel with Pastor Floyd (GP) 3:30pm Creative Corner 5:00pm Wednesday Word Puzzles	Nat'I I Love Lucy Day 15 10:00am Fun Facts & Trivia 11:00am Music Therapy with Sam (ML) 1:30pm Cheese Curd Food Social 3:00pm 'I Love Lucy' TV Show Videos (R1LV)	16 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:00pm Monthly Birthday Party w/ (R2DR) 2:30pm Bingo 7:00pm PBS TV Programming: Almanac (PLV)	National Pasta Day 17 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 12:30pm Name That Tune 2:00pm Resident Led Activities: Board, Dice and Card Games
18 10:00am Independent Online Church Services 2:00pm Resident Led Activities: Board, Dice and Card Games 7:00pm PBS TV programming: Nature (PLV)	19 10:00am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 3:30pm Music with Ellis Marcel (R2DR) 7:00pm PBS TV Programming: Antiques Roadshow (PLV)	20 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:00pm Fun Facts & Trivia 3:30pm Bingo	21 10:00am Fun Facts & Trivia 11:00am Jax the Dog Pet Visit 1:00pm Chair Yoga (PLV) 1:30pm Oktoberfest with Ryan C (R2DR) 3:30pm Creative Corner 5:00pm Wednesday Word Puzzles	22 10:00am Fun Facts & Trivia 11:00am Tabletop Games 1:30pm All About Nuts Food Social 3:00pm Resident Led Activities: Board, Dice and Card Games	23 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 2:00pm Music with Colby T (R2DR) 3:30pm Bingo 7:00pm PBS TV Programming: Almanac (PLV)	24 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 2:00pm Resident Led Activities: Board, Dice and Card Games
25 10:00am Independent Online Church Services 2:00pm Resident Led Activities: Board, Dice and Card Games 7:00pm PBS TV programming: Nature (PLV)	Nat'I Pumpkin Day 26 10:00am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 2:30pm Movie Monday (R1LV) 7:00pm PBS TV Programming: Antiques Roadshow (PLV)	27 10:30am Guest Speaker: Gary K 'Paper, Coins, & Money' 2:30pm Resident Council Meeting (GP) 3:30pm Bingo	28 10:00am Fun Facts & Trivia 11:00am Sing Along 1:00pm Chair Yoga (PLV) 2:00pm Diego the Dog Pet Visit 2:30pm Chapel with Pastor Floyd (GP) 3:30pm Creative Corner 5:00pm Wednesday Word Puzzles	29 10:00am Fun Facts & Trivia 11:00am Music Therapy with Sam (ML) 1:30pm Halloween Cookie Decorating 3:00pm Resident Led Activities: Board, Dice and Card Games 6:00pm Family Pumpkin Painting Night	Nat'I Candy Corn Day 30 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 2:30pm Halloween Bingo 7:00pm PBS TV Programming: Almanac (PLV)	Happy Halloween! 31 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 12:30pm Halloween Activities 2:00pm Resident Led Activities: Board, Dice and Card Games

