

The Homestead at Rochester // The Moors Assisted Living

Life Enrichment Calendar

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Homestead at Rochester 	** For all outings you must visit the 5530 Concierge Desk to sign up!** **Outing participation is subject to nursing approval	CM – Community Room CA – Common Area (AL3) L – Lobby MR – Meditation Room (2 nd Fl) PD – Private Dining Room (1 st Fl)		1 8:45am National Eagle Center Outing *Must be signed up to attend! 1:00pm - Bible Reflection Study (PD) 2:30pm - Community Connections (CA) 3:00pm - Independent Leisure	World Smile Day 2 9:00am - Resident 1:1's 10:30am - Exercise with Gabby (L) 1:00pm - What Makes You Smile Activity (L) 2:30pm - Community Connections (CA) 3:00pm - Watercolor Painting (L)	3 1:30pm - Caregiver Run Movie (MR) 3:00pm - Independent Leisure
4 10:00am - Resident Run Online Church Service 3:05pm - Minnesota Vikings vs Miami Dolphins Showing on Fox 47 (AL2)	5 9:00am - Resident 1:1's 10:00am - Garden Care (AL1) 10:30am - Exercise with Gabby (L) 2:30pm - Community Connections (CA) 3:00pm - General Election Voting (PAV) 3:00pm - Faith & Friendship (MR)	6 9:30am - Coffee with Jayne (L) 1:30pm - Hy-Vee Shopping Outing (L) 1:45pm - Bingo! (L) 2:30pm - Community Connections (CA) 3:00pm - Patio Social (AL1)	7 10:30am - Exercise with Gabby (L) 12:30pm - Dr. David Jeremiah Devotional Video (MR) 2:00pm - Football Trivia Game (L) 2:30pm - Community Connections (CA) 5:30pm - Music with the Elderly Brothers (CM)	8 10:30am - Odd One Out Game (L) 1:00pm - Bible Reflection Study (PD) 1:30pm - Fareway Shopping Outing (L) 2:30pm - Community Connections (CA) 3:00pm - Scattergories (L)	9 10:00am Bethel Lutheran Rummage Sale Outing *Must be signed up to attend! 1:30pm - Harriet and Friends Music (CM) 2:30pm - Community Connections (CA) 3:00pm - Leif Erikson Day Lesson (L)	World Mental Health Day 10 1:30pm - Caregiver Run Movie (MR) 3:00pm - Independent Leisure
11 10:00am - Resident Run Online Church Service 12:00pm - Minnesota Vikings vs New Orleans Saints Showing on Fox 47 (AL2)	12 9:00am - Resident 1:1's 10:30am - Exercise with Gabby (L) 1:30pm - Music with Kim Cote (CM) 2:30pm - Community Connections (CA) 3:00pm - Faith & Friendship (MR) 6:00pm - Music with Charlie Roth (CM)	13 9:30am - Coffee with Jayne (L) 1:30pm - Bingo! (L) 1:30pm - Trader Joe's Shopping Outing (L) 2:30pm - Community Connections (CA) 3:00pm - Wii Sports Game (MR)	14 9:00am - Resident 1:1's 9:20am - Bus to Treasure Island (L) 10:30am - Exercise with Gabby (L) 2:00pm - Fall Riddles Game (L) 2:30pm - Community Connections (CA) 3:00pm - Oktoberfest Party with Ryan C (CM)	Nat'l I Love Lucy Day 15 10:30am - I Love Lucy Showing (MR) 1:00pm - Bible Reflection Study (PD) 2:30pm - Community Connections (CA) 3:00pm - Music Therapy (MR)	16 10:30am - Exercise with Gabby (L) 2:30pm - Community Connections (CA) 3:00pm - Independent Leisure	National Pasta Day 17 1:30pm - Caregiver Run Movie (MR) 2:15pm - Fall Crafting (L)
18 10:00am - Resident Run Online Church Service	19 9:00am Resident 1:1's 10:00am - Garden Care (AL1) 10:30am - Exercise with Gabby (L) 12:30pm - Fall Cleanup (L) 2:30pm - Community Connections (CA) 3:00pm - Faith & Friendship (MR)	20 9:30am - Coffee with Jayne (L) 1:30pm - Hy-Vee Shopping Outing (L) 2:00pm - Food Committee Meeting- Open to All (CM) 2:30pm - Community Connections (CA) 6:00pm - Music with Ravens Fire (CM)	21 9:00am - Resident 1:1's 10:30am - Exercise with Gabby (L) 10:30am - Resident Council Meeting- Open to All (CM) 12:30pm - Bingo! (L) 2:00pm - Officer Arendt Preventing Scams & Fraud Presentation (CM) 2:30pm - Community Connections (CA) 3:00pm - Happy Hour (L)	22 10:30am - Coffee and Patio Chats (L) 1:00pm - Bible Reflection Study (PD) 2:00pm - Drum Circle with Christina (CM) 2:30pm - Community Connections (CA) 3:30pm - Halloween Movie Matinee (AL2)	23 9:00am - Resident 1:1's 10:30am - Exercise with Gabby (L) 12:30pm - Music with Colby T (L) 2:30pm - Community Connections (CA) 3:00pm – October Themed Jeopardy (L)	24 1:30pm - Caregiver Run Movie (MR) 3:00pm - Independent Leisure
25 10:00am - Resident Run Online Church Service 12:00pm - Minnesota Vikings vs Indianapolis Colts Showing on CBS (AL2)	Nat'l Pumpkin Day 26 9:00am - Resident 1:1's 10:30am - Exercise with Gabby (L) 1:30pm - Apple Cider & Donut Social (L) 2:30pm - Community Connections (CA) 3:00pm - Faith & Friendship (MR)	27 9:30am - Coffee with Jayne (L) 1:30pm - Guest Speaker Gary K with Paper, Coins and Old Money (CM) 2:30pm - Community Connections (CA) 3:00pm - Music with Roch BottoMN (CM)	28 10:30am - Exercise with Gabby (L) 12:30pm - Halloween Bingo (L) 2:30pm - Community Connections (CA) 3:00pm - Wheel of Fortune Game (MR)	29 10:30am - What Did It Cost Game (L) 1:00pm - Bible Reflection Study (PD) 1:30pm - Walmart Shopping Outing (L) 2:00pm - Music with Ellis Marcel (CM) 2:30pm - Community Connections (CA) 3:30pm - Pumpkin Painting (L)	Nat'l Candy Corn Day 30 9:00am - Resident 1:1's 10:30am - Exercise with Gabby (L) 1:00pm - Uno (L) 2:30pm - Community Connections (CA) 3:00pm - Halloween Party! (L)	Happy Halloween! 31 1:30pm - Caregiver Run Movie (MR) 3:00pm - Independent Leisure 

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Calendar Subject to Changes