

The Homestead at Rochester // The Moors Memory Care

Life Enrichment Calendar

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
The Homestead at Rochester Volunteers of America® NATIONAL SERVICES		CM – Community Room L – Lobby MR – Meditation Room PD – Private Dining Room		1 10:30am – Coffee and Chats 12:30pm – Indoor/Outdoor Walks 1:00pm – Reflection Bible Study with Mount Olive Lutheran Church 2:30pm - This Month in History 3:30pm – Resident of The Month Celebration	2 World Smile Day 10:30am – Exercise with Gabby (L) 12:30pm – Music and Coloring 2:15pm – Devotions with Pastor Tim (MR)	3 9:30am – Resident 1:1's with Activity Staff Independent Leisure Activities: Card Games Reminiscing with Caregivers Coloring	
	4 Independent Leisure Activities Music and Lunch – Western Classics 12:30pm – Rummy Card Game	5 10:30am – Exercise with Gabby (L) 12:30pm – Monday Movie 3:00pm – Fall Picture Frame Making 4:00pm – Sing-A-Longs	6 9:00am – Resident 1:1's 10:30am – Coffee and Chats 1:30pm – Indoor/Outdoor Walks 2:30pm – Patio Decorating 3:30pm – Stories and Snack Cart	7 10:30am – Exercise with Gabby (L) 12:30pm – Daily Chronicle and Reflection Chat 1:00pm – Share a Moment Game 3:00pm – Coloring and Music Social 5:30pm – Music with Elderly Brothers (CM)	8 9:00am – Resident 1:1's 1:00pm – Reflection Bible Study with Mount Olive Lutheran Church 3:00pm – National Geographic Showing	9 10:30am – Exercise with Gabby (L) 1:30pm – Music with Harriet & Friends (CM) 3:00pm – Movie and Popcorn	World Mental Health Day 10 9:30am – Resident 1:1's with Activity Staff Independent Leisure Activities: Card Games Reminiscing with Caregivers Coloring
	11 Independent Leisure Activities Music and Lunch – Dolly Parton 12:30pm – Lucky 3's Dice Game	12 10:30am – Exercise with Gabby (L) 12:30pm – Monday Movie 3:00pm – Fall Leaf Craft 6:00pm – Music with Charlie Roth (CM)	13 9:00am – Resident 1:1's 10:00am – Social with Katya and Sveta 12:30pm – Indoor/Outdoor Walks 2:00pm – Charm Making 3:30pm – National Geographic Showing	14 10:30am – Exercise with Gabby (L) 11:15am – Sing-A-Longs 12:30pm – Daily Chronicle and Reflection Chat 2:00pm – Oktoberfest Party (CM) 3:00pm - Music with Ryan C (CM)	Nat'I I Love Lucy Day 15 10:30am – Coffee and Chats 12:30pm – Indoor/Outdoor Walks 1:00pm – Reflection Bible Study with Mount Olive Lutheran Church 1:30pm – Memory Café 3:00pm – Music Therapy (MR)	16 10:30am – Exercise with Gabby (L) 12:30pm – Hand Massages and Manicures 2:15pm – Devotions with Pastor Tim (MR) 3:30pm – Stories and Snack Cart	National Pasta Day 17 9:30am – Resident 1:1's with Activity Staff Independent Leisure Activities: Card Games Reminiscing with Caregivers Coloring
	18 Independent Leisure Activities Music and Lunch – 60's Best Hits 12:30pm – Crazy 8 Card Game	19 10:30am – Exercise with Gabby (L) 12:30pm – Monday Movie 2:00pm – Centerpiece Making 3:30pm - Storytelling	20 9:00am – Resident 1:1's 10:30am – Coffee and Chats 12:30pm – Indoor/Outdoor Walks 2:00pm – Food Committee Meeting (CM) 6:00pm – Music with Ravens Fire Band (CM)	21 10:30am – Exercise with Gabby (L) 10:30am – Resident Council Meeting (CM) 12:00pm – Group Puzzle 2:00pm – Music with Jerry K 3:00pm – Happy Hour (CM)	22 10:30am – Coffee and Chats 12:30pm – Indoor/Outdoor Walks 1:00pm – Reflection Bible Study with Mount Olive Lutheran Church 2:00pm – Drum Circle with Christina Wood (CM) 3:30pm – Stories and Snack Cart	23 10:30am – Exercise with Gabby (L) 12:30pm – Monthly Birthday Party with Colby T (CM) 2:15pm – Devotions with Pastor Tim (MR) 3:00pm – Hand Massages and Manicures	24 9:30am – Resident 1:1's with Activity Staff Independent Leisure Activities: Card Games Reminiscing with Caregivers Coloring
	25 Independent Leisure Activities Music and Lunch – 50's Classics 12:30pm – Farkle Dice Game	Nat'I Pumpkin Day 26 10:30am – Exercise with Gabby (L) 12:30pm – Monday Movie 2:30pm – Pumpkin Treat Tasting 3:30pm – Halloween Door Frame Craft	27 9:00am – Resident 1:1's 10:00am – Social with Katya and Sveta 12:30pm – Indoor/Outdoor Walks 1:30pm – Guest Speaker Gary K with "Paper, Coins and Money" Talk (CM) 3:00pm – Music with Roch BottoMN	28 10:30am – Exercise with Gabby (L) 11:15am – Sing-A-Longs 1:00pm – Diego Dog Visit 2:00pm – Halloween Window Décor Craft 3:15pm – Chapel with Pastor Floyd (MR)	29 10:30am – Coffee and Chats 12:30pm – Indoor/Outdoor Walks 1:00pm – Reflection Bible Study with Mount Olive Lutheran Church 2:00pm – Music with Ellis Marcel (CM) 3:30pm – Sunroom Gathering and Refreshments	Nat'I Candy Corn Day 30 10:30am – Exercise with Gabby (L) 12:30pm – Hand Massages and Manicures 2:15pm – Devotions with Pastor Tim (MR) 3:00pm – Halloween Party(L)	Happy Halloween! 31 9:30am – Resident 1:1's with Activity Staff Independent Leisure Activities: Card Games Reminiscing with Caregivers Coloring 

Calendar Subject to Changes