

Valley Manor Care Center Life Enrichment Calendar October 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Valley Manor Care Center Volunteers of America NATIONAL SERVICES	AR - Activity Room DR - Dining Room MR - Media Room AK - Activity Kitchen P - Patio (<i>Weather Permitting</i>) Green = Music Entertainment Blue = Social Volunteers	Always Available: - Coloring Pages & Puzzles - Table Games at the Activity Kitchen - Books & Magazines in the Common Area - Movies		1 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Parachute Game (P) 1:30 Bingo (AR) 3:00 Jim the Harpist (DR) 3:20 Women's Bible Study with Kim	World Smile Day 2 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Tea & 1960s Trivia (AR) 2:00 Chair Drumming (AR) 3:00 TV Memory Match Game (AR)	3 8:30 The Coffee Shop (AR) 9:00 Stretch & Daily News (AR) 10:00 Picture Bingo & Drinks (AR) 1:30 Uno (AR) 3:00 Movie Matinee: Choice (AR)
4 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:15 Bingo (AR) 1:30 Church with Dave (AR) 3:00 Balloon Volleyball	5 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 9:30 Food Committee (AR) 10:15 Uno 1:30 Social with Dave (AR) 3:00 Fresh Air Walks	6 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Voting Booth (Foyer) 10:00 Stories with Bill (AK) 1:30 Bingo (AR) 3:00 Puzzles (AR)	7 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 10:30 Music Beats (AR) 1:30 Ladies Social Hour: Easy Origami (AR) 2:30 Harp Ensemble (DR) 3:30 Balloon Volleyball (DR)	BIRTHDAY: Ed H. 8 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:15 What's in the Box (AR) 1:30 Bingo (AR) 3:20 Women's Bible Study with Kim	9 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Documentary: Best Fall Place to Visit (AR) 2:00 Music with Paul (DR) 2:00 Ice Cream Social	World Mental Health Day 10 BIRTHDAY: Ken R. 8:30 The Coffee Shop (AR) 9:00 Stretch & Daily News (AR) 10:00 Bingo (AR) 1:30 Music with Tommy & Roberta 3:00 Movie Matinee: Choice (MR)
BIRTHDAY: Carol E. 11 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:15 Uno (AR) 1:30 Church with Dave (AR) 3:00 Balloon Volleyball(AR)	12 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 10:00 Resident Council (AR) 10:45 Magazine Collage Prep 1:30 Social with Dave (AR) 2:45 Craft: Cheesecloth Ghosts Staff & Residents	BIRTHDAY: Jerry D. 13 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Magazine Collage Art (AR) 10:00 Stories with Bill (AR) 1:30 Bingo (AR) 3:00 Friendly Room Visits	14 8:30 Coffee Cart & Convo 9:00 The Coffee Shop (AR) 10:00 Let's Draw! 1:30 Mens Social Hour: Easy Origami 3:30 Balloon Volleyball (AR) <i>*Fall Foliage Outing*</i>	Nat'I I Love Lucy Day 15 8:30 The Coffee Cart & Convo 9:00-11:00 MONTROSE SOAR DAY 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 9:30 I Love Lucy Shows (YouTube) 1:30 Bingo (AR) 3:00 Music with Gus	16 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Pretty Nails (AR) 2:30 Music with Beth 3:00 Friendly Room Visits (DH)	National Pasta Day 17 8:30 The Coffee Shop (AR) 9:00 Stretch & Daily News (AR) 10:00 Crafting: Pasta Mosaic (AR) 1:00 Karaoke 2:00 Movie Matinee: Western Movie of Choice (MR)
18 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:15 Bingo (AR) 1:30 Church with Dave (AR) 3:00 Balloon Volleyball (AR)	BIRTHDAY: Lynn W. 19 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Activity Committee (AR) 1:30 Social with Dave (AR) 3:00 Hewey the Piano Player (DH)	BIRTHDAY: Robert H. 20 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Stories with Bill (AR) 1:30 Bingo (AR) 3:00 Friendly Room Visits	21 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 10:30 Chair Drumming 2:00 GLOW PARTY (DH) 	22 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Men's Veteran Group (AR) 2:00 Music with Paul 3:20 Women's Bible Study with Kim	23 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Tea & 1980s Trivia (AR) 3:00 Root Beer Float Social (DR)	24 8:30 The Coffee Shop (AR) 10:00 Crafting: Make Candy Bags for Kids (AR) 1:30 Music with Tommy & Roberta 3:00 Movie Matinee: "The Three Stooges" (MR)
BIRTHDAY: Josephine J. 25 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:15 Uno (AR) 1:30 Church with Dave (AR) 3:00 Balloon Volleyball (AR)	Nat'I Pumpkin Day 26 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Paint-a-Pumpkin (AR) 1:30 Social with Dave (AR) 3:00 Music with Gus 3:30 Bean Bag Toss (DR)	27 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 10:00 Stories with Bill (AR) ***GOLDIE THE MINI HORSE*** 2:00 Bingo (AR) 3:00 Friendly Room Visits	28 9:00 The Coffee Shop (AR) 10:30 Hangman (Snowman Edition) 2:00 Karaoke 2:30 October Birthday Bash! 	Costume Contest! 29 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:15 Pick out costumes (AR) 2:00 Halloween Costume Contest & Handout Candy to Kids (DH) 3:20 Women's Bible Study with Kim	Nat'I Candy Corn Day 30 8:30 The Coffee Cart & Convo 9:00 The Coffee Shop (AR) 9:15 Stretch & Daily News (AR) 10:00 Candy Corn Craft (AR) 1:30 Halloween Hangman 3:00 Ice Cream Social & Candy Corn Tasting (DR)	Happy Halloween! 31 8:30 The Coffee Shop (AR) 9:00 Stretch & Daily News (AR) 10:00 Halloween Bingo & Treats (AR) 1:30 Movie & Popcorn: "Hocus Pocus" 