Rochester Rehab & Living Center

Life Enrichment Calendar — November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings (Fall Back) 1 10:00am Independent Online Church Services 3:00pm Resident Led Activities: Board, Dice and Card Games 7:00pm PBS TV Programming: Nature (PLV)	**2** 10:30am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 2:00pm Movie Monday (R1LV) 7:00pm PBS TV Programming: Antiques Roadshow (PLV)	**3** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:30pm Resident Activity Planning & Calendar Review 3:30pm Bingo	**4** 10:30am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 2:00pm Tabletop Games 3:30pm Creative Corner 5:00pm Wednesday Word Puzzles	**National Donut Day 5** 10:30am Fun Facts & Trivia 2:00pm Music Therapy with Sam 3:00pm Resident Led Activities: Board, Dice and Card Games	**6** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 2:30pm Bingo 7:00pm PBS TV Programming: Almanac (PLV)	**7** 10:00am Independent Leisure Activities: Jigsaw & Word Puzzles 2:00pm Activity with Tracey 3:00pm Resident-Led Activities: Board, Dice and Card Games
8 10:00am Independent Online Church Services 3:00pm Resident Led Activities: Board, Dice and Card Games 7:00pm PBS TV Programming: Nature (PLV)	**9** 10:00am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 2:00pm Movie Monday (R1LV) 7:00pm PBS TV Programming: Antiques Roadshow (PLV)	**10** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:00pm Food Council Meeting (GP) 3:30pm Bingo	**Veteran's Day 11** 10:30am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 2:30pm Chapel with Pastor Floyd (GP) 3:30pm Creative Corner 5:00pm Wednesday Word Puzzles	**12** 10:30am Fun Facts & Trivia 1:30pm Jax the Dog Pet Visit 3:00pm Resident Led Activities: Board, Dice and Card Games	**World Kindness Day 13** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:30pm Fun Facts & Trivia 2:30pm Bingo 7:00pm PBS TV Programming: Almanac (PLV)	**14** 10:00am Independent Leisure Activities: Jigsaw & Word Puzzles 3:00pm Resident Led Activities: Board, Dice and Card Games
15 10:00am Independent Online Church Services 3:00pm Resident Led Activities: Board, Dice and Card Games 7:00pm PBS TV Programming: Nature (PLV)	**16** 9:30am Quarry Hill Bird Banding** 1:00pm Chair Yoga (PLV) 2:00pm Movie Monday (R1LV) 7:00pm PBS TV Programming: Antiques Roadshow (PLV)	**17** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:30pm Turkey Cupcake Decorating 3:30pm Bingo	**18** 10:30am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 2:00pm Tabletop Games 3:30pm Creative Corner 5:00pm Wednesday Word Puzzles	**19** 10:30am Fun Facts & Trivia 1:30pm Jeopardy! Trivia 3:00pm Resident Led Activities: Board, Dice and Card Games	**20** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:30pm Fun Facts & Trivia 2:30pm Bingo 7:00pm PBS TV Programming: Almanac (PLV)	**21** 10:00am-4:00pm Homestead Craft Show – Open to the Public (GP/CH) 10:00am Independent Leisure Activities: Jigsaw & Word Puzzles 2:00pm Activity with Sierrah 3:00pm Resident Led Activities: Board, Dice and Card Games
22 10:00am Independent Online Church Services 3:00pm Resident Led Activities: Board, Dice and Card Games 7:00pm PBS TV Programming: Nature (PLV)	**23** 10:00am Major the Dog Pet Visit 1:00pm Chair Yoga (PLV) 2:30pm Monthly Birthday Party with Amy & Adams (R2DR) 7:00pm PBS TV Programming: Antiques Roadshow (PLV)	**24** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 2:30pm Resident Council Meeting (GP) 3:30pm Bingo	**25** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:00pm Chair Yoga (PLV) 2:30pm Chapel with Pastor Floyd (GP) 3:00pm Resident Led Activities: Board, Dice and Card Games 5:00pm Wednesday Word Puzzles	**Happy Thanksgiving! 26** 7:30am 100th Macy's Thanksgiving Day Parade on NBC 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 3:00pm Resident Led Activities: Board, Dice and Card Games	**27** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 1:30pm Holiday Decorating 2:30pm Bingo 7:00pm PBS TV Programming: Almanac (PLV)	**28** 10:00am Independent Leisure Activities: Jigsaw and Word Puzzles 3:00pm Resident Led Activities: Board, Dice and Card Games
29 10:00am Independent Online Church Services 3:00pm Resident Led Activities: Board, Dice and Card Games 7:00pm PBS TV Programming: Nature (PLV)	**30** 10:30am Fun Facts & Trivia 1:00pm Chair Yoga (PLV) 2:00pm Movie Monday (R1LV) 7:00pm PBS TV Programming: Antiques Roadshow (PLV)		R1LV = Rehab 1 Living Room R2DR = Rehab 2 Dining Room GP = Gathering Place PLV = Prairie Living Room ML = Main Lobby GP/CH = Legacy Gathering Place/Chapel	Activities are held in the **Prairie Dining Room** unless otherwise noted on the calendar. **Outing participation is subject to nursing approval.	Rochester Rehabilitation and Living Center Volunteers of America NATIONAL SERVICES	

Calendar Subject to Changes.